

## READING GUIDE

# Nepal: Annapurna Trek & Tiger Safari

Here is a brief selection of favorite, new and hard-to-find books, prepared for your journey. For your convenience, you may call (800) 342-2164 to order these books directly from Longitude, a specialty mail-order book service. To order online, and to get the latest, most comprehensive selection of books for your voyage, go directly to <http://reading.longitudebooks.com/BJ59>.

### Essential

*These 5 items are available as a package for \$78 including shipping, 15% off the retail price (Item no. EXNPL18). Any additional books ordered are shipped free.*

*Camerapix*

#### **Spectrum Guide to Nepal**

2000, PAPER, 364 PAGES, \$22.95

A comprehensive guide to the country, its people, history and geography, featuring excellent maps and 200 color photographs. (Item no. NPL27)

*Rajendra Khadka*

#### **Travelers' Tales Nepal**

1997, PAPER, 400 PAGES, \$17.95

This anthology of travel writing on Nepal features mostly modern stories by Peter Matthiessen, Jan Morris and other great writers, local and foreign. (Item no. NPL16)

*Maurice Herzog*

#### **Annapurna, The Epic Account of a Himalayan Conquest and its Harrowing Aftermath**

1997, PAPER, 314 PAGES, \$16.95

This classic account of the first ascent of an 8,000-meter peak was dictated by expedition leader Herzog from his hospital bed in Paris. (Item no. HML07)

*Peter Matthiessen*

#### **The Snow Leopard**

1996, PAPER, 352 PAGES, \$15.00

A vivid memoir of a five-week journey through Nepal with George Schaller in search of the magnificent leopard. As perceptive, wonderful and acutely descriptive as any of Matthiessen's writing. (Item no. NPL03)

*Nelles*

#### **Nepal Map**

MAP, \$10.95

A convenient double-sided map of Nepal at a scale of 1:500,000, with insets of Kathmandu City and Kathmandu Valley. (Item no. NPL01)

### Also Recommended

*Stan Armington*

#### **Lonely Planet Trekking in the Nepal Himalaya**

2001, PAPER, 480 PAGES, \$19.99

This classic guide, now in its eighth edition, is great for both practical trail information and general information on the region. (Item no. NPL23)

*Sir Edmund Hillary, Stephen Bezruchka*

#### **Trekking in Nepal, A Traveler's Guide**

1999, PAPER, 383 PAGES, \$16.95

A respected guide covering, in detail, route planning for trekkers, national parks, health, where to go and what to do in Nepal. With an overview of the geography, history, religion and culture of the region. (Item no. NPL10)

*Bryn Thomas*

#### **Trekking in the Annapurna Region**

2006, PAPER, 256 PAGES, \$19.95

A practical guide to trekking in the region with route maps, village plans and concise information on preparations, what to see and do. (Item no. NPL29)

*Trails Illustrated*

**Khumbu Trekking Map**

2002, MAP, \$16.99

A map of the Everest trekking region at a scale of 1:125,000 with contours at 100 meter intervals, printed on water proof, tear-resistant paper. (Item no. NPL47)

*Sherry B. Ortner*

**Life and Death on Mt. Everest: Sherpas and Himalayan Mountaineering**

2001, PAPER, 376 PAGES, \$22.95

A vividly written, scholarly study of the relationship between the Sherpas and the mountaineers who come to "conquer" the Himalayas. (Item no. TBT33)

*Barbara J. Scot*

**The Violet Shyness of Their Eyes, Notes from Nepal**

2005, PAPER, 288 PAGES, \$16.95

A heartfelt portrait of the Nepalese people and culture, resulting from the author's year teaching in Nepal. An excellent memoirist, Scot combines personal observation, thoughtful commentary and warmth. (Item no. HML14)

*Jon Krakauer*

**Into Thin Air, A Personal Account of the Mount Everest Disaster**

1999, PAPER, 360 PAGES, \$13.95

In this bestseller, climber and journalist Krakauer reconstructs a minute-by-minute account of what went wrong on the great mountain in 1996. (Item no. HML13)

*Jeff Greenwald*

**Shopping for Buddhas**

1996, PAPER, 208 PAGES, \$10.95

A funny tale of searching every last corner of Kathmandu for just the right statue of Buddha. In addition to his tourist's obsession with getting the ideal souvenir, Greenwald offers amusing and insightful meditations about Nepalese culture, politics and religion. (Item no. NPL25)

*Dervla Murphy*

**The Waiting Land, A Spell in Nepal**

1987, PAPER, 216 PAGES, \$16.95

This Irish grandmother has made travel writing somewhat of a cottage industry. Forthright, insightful and occasionally funny, she's a great traveling companion and guide. Here's the tale of her journey by mostly unconventional transport through Nepal. (Item no. NPL05)

*Michael Hutt*

**Himalayan Voices, An Introduction to Modern Nepali Literature**

1991, PAPER, 280 PAGES, \$29.75

A collection of 20th-century Nepali poetry and short fiction, much of it translated into English for the first time. This anthology offers insight into Nepal's literary traditions, society and culture. (Item no. HML35)

*Kim Stanley Robinson*

**Escape from Kathmandu**

2000, PAPER, 320 PAGES, \$13.95

The four interconnected stories in this laugh-out-loud novel include the (mis)adventures of two young Americans with a Yeti, international espionage, mountain climbing of the highest sort and a quest for Shangri-La. (Item no. NPL41)

*Guy Mountefort, Gerald Cubitt*

**Wild India, The Wildlife of India and Nepal**

1991, HARD COVER, 208 PAGES, \$41.95

An informative introduction to the natural history of the region in a handsome oversize volume. It presents hundreds of extraordinary photographs of the wildlife and landscapes of the Himalayas, the Indo-Ganges Plain and the Deccan. (Item no. IDA02)

*B. Grewal*

**A Photographic Guide to the Birds of India and Nepal**

1998, PAPER, 144 PAGES, \$15.95

A slim pocket guide to 252 of the most conspicuous birds of India and Nepal. (Item no. IDA46)

*Richard Grimmett, Carol Inskipp, Tim Inskipp*

**Birds of Nepal**

2000, PAPER, 288 PAGES, \$32.95

Covering all 760 species of birds occurring in Nepal, this book features 110 color plates. Text and illustrations are integrated on facing pages for easy reference in the field. (Item no. NPL40)

*K. K. Gurung, Raj Singh*

**Field Guide to the Mammals of the Indian Subcontinent**

1996, PAPER, 140 PAGES, \$37.95

This compact guide to 106 species features color illustrations, tracks, range maps and information about habitats and conservation. With an overview of 23 parks and reserves, including location maps and species lists. (Item no. FG33)

*B. Grewal*

**Photographic Guide to Birds of the Himalayas**

1999, PAPER, 144 PAGES, \$15.95

A pocket guide to 250 birds found from the foothills up to high elevations ranging from the Hindu Kush and Kashmir to Arunachal Pradesh in the Eastern Himalayas. With brief descriptive information, maps and 260 full-color illustrations. (Item no. HML31)

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