

Vermont |

BEST OF THE GREEN MOUNTAIN STATE

FARMS TO TRAILS | 5 DAYS

July 25-29, 2022

September 26-30, 2022

October 3-7, 2022



TRIP ITINERARY



1.800.941.8010 | www.boundlessjourneys.com

How we deliver

THE WORLD'S GREAT ADVENTURES

A passion for travel. Simply put, we love to travel, and that infectious spirit is woven into every one of our journeys. Our staff travels the globe searching out hidden-gem inns and lodges, taste testing bistros, trattorias, and noodle stalls, and discovering the trails and plying the waterways of each remarkable destination. When we come home, we separate wheat from chaff, creating memorable adventures that will connect you with the very best qualities of each destination.

Unique, award-winning itineraries. Our flexible, hand-crafted journeys have received accolades from the world's most revered travel publications. Beginning from our appreciation for the world's most breathtaking and interesting destinations, we infuse our journeys with the elements of adventure and exploration that stimulate our souls and enliven our minds. Whether you are looking for a challenging physical expedition or a leisurely cultural exploration, Boundless Journeys has exceptional itineraries to match your sense of adventure.

Insider connections. There is simply no substitute for traveling with a knowledgeable insider, and our expert local guides will open doors for you that other travelers miss, like dinner with their extended family in Peru's Sacred Valley, or meeting an art scholar in Florence. Relationships developed over many years allow you to experience our destinations through a well-connected friend.

Small groups. Although the camaraderie of a group of like-minded travelers often enhances the journey, there can be too much of a good thing! We tread softly, and our average group size is just 8–10 guests, allowing us access to opportunities that would be unthinkable with a larger group.

Flexibility to suit your travel style. We offer both scheduled, small-group departures and custom journeys so that you can choose which works best for you. Not finding exactly what you are looking for? Let us customize a journey to fulfill your travel dreams.

Customer service that goes the extra mile. Having trouble finding flights that work for you? Want to surprise your traveling companion with a bottle of champagne at a tented camp in the Serengeti to celebrate an important milestone? There is no request that is too big—or too small—for our staff to handle. From your first call, we guide you through choosing your trip, provide advice on preparing for your adventure, and hold your hand until you return home.



Multi-year recipient of *Travel + Leisure* magazine's "World's Best Tour Operator"; and recognized by the editors of *National Geographic ADVENTURE* magazine as one of the **Best Adventure Travel Companies on Earth**.

Vermont | BEST OF THE GREEN MOUNTAIN STATE

Thank you for your interest in this fantastic journey to Vermont. We have hand-crafted this tour from our own experience and hope you fall in love with the area—as we have!

THE INSPIRATION FOR THIS JOURNEY

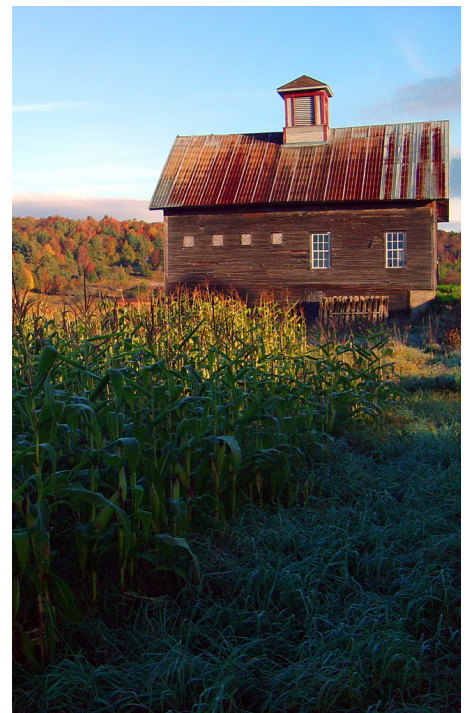
Each season in Vermont brings a plethora of adventures and colors to the landscape—pristine white fields and snow-capped pine trees in winter, the pastels of wildflowers and lilacs in spring, deep greens of lush forests in summer, and of course the blazing foliage of yellow, red, and orange during autumn. We enjoy each season for different reasons but love nothing more than to share the summer and fall with our friends, families, and guests. No matter which season you choose, this trip takes in some of the best walks and hikes in northern and central Vermont.

Two quintessential aspects of New England life are experienced on this exploration of Vermont—small towns and pastoral landscapes. We take advantage of all that is available, from great hikes to farm tours. In the evenings, we retire to genteel country accommodations in charming locations.

HIGHLIGHTS

- Explore Woodstock and Stowe, two classic Vermont villages
- Hike to a natural gorge formed 13,000 years ago
- Spectacular views from the state's highest peak, Mt Mansfield
- Visit two of Vermont's most iconic places: The Trapp Family Lodge, built by the famous Austrian family of singers, and Shelburne Farms, an 1886 agricultural estate that is now a working landscape and non-profit education center
- Enjoy fresh, farm-to-table cuisine at some of our favorite restaurants, from craft brews, to artisan cheeses and local produce

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TOUR OVERVIEW



THE BASICS

Duration:	5-day trip
Tour start:	Burlington, VT
Tour end:	Burlington, VT
Accommodations:	4 nights in charming village inns
Trip rating:	1 2 3 4 5 Easy Strenuous
Land cost:	\$2,995 per person
Single Supplement:	First two reserved on each departure: \$195*; Additional singles: \$695 *Must reserve at least 120 days ahead



WHAT'S INCLUDED

Just pack your bags – we've got you covered! When you're on a Boundless Journeys adventure, every detail is taken care of for you, so you can relax and truly experience each moment. Put your wallet away, leave your travel books behind, fold up your maps, and BE there. Your Boundless Journeys adventure includes:

- Expert leadership
- All accommodations
- All meals as noted in the itinerary
- All activities and park entrance fees as noted in the itinerary
- All on-tour transportation
- All gratuities except for those for your guide(s) and driver, which are at your discretion
- Explorers Club savings on your next scheduled, small-group trip (conditions apply)

Airfare to and from Burlington is not included in the price of your trip. Please contact your local travel agency or the airlines directly to make any arrangements you may need. If you would like assistance with booking your flights or other travel plans, please contact Boundless Journeys directly at (800) 941-8010 for a referral to our partners who will best fulfill your needs.



ITINERARY AT-A-GLANCE

DAY 1

Transfer from Burlington to Woodstock. Easy hiking through the Marsh-Billings-Rockefeller National Historic Park.

DAY 2

Explore the Quechee Gorge and visit the Vermont Institute of Natural Science.

DAY 3

Transfer to Stowe with a walk on the Cossingham Road Farm trails and lunch at an organic farm.

DAY 4

Visit Smugglers' Notch State Park, hike to the summit of Vermont's highest peak, Mt. Mansfield, and explore the trails at the Trapp Family Lodge.

DAY 5

Walk the vast estate of Shelburne Farms on the shore of Lake Champlain before a final lunch and transport to the Burlington International Airport.

PLEASE NOTE: *This is a typical itinerary, and actual activities may vary to take advantage of weather conditions, local events, and to allow serendipity to play a hand in your experience. Accommodations are as outlined in the itinerary, although we reserve the right to change these should the need arise. See our booking terms and conditions for more information about our change policy.*

THE JOURNEY



DAY 1: Arrival; Transfer to Woodstock

Activity Overview: Hiking on trails, country roads, and village streets

Activity Level: Easy to moderate

Activity Length: 2-3 hours, 2-3 miles

This morning, upon meeting our guides in the lakeside city of Burlington, we make our introductions before driving south to the charming village of Woodstock. Woodstock is a walker's paradise—you can literally step outside your door onto an interconnected, compact system of pathways, trails, and carriage roads. They lead from the historic center of town, across meadows and woodlands, through a national park, and up to scenic vistas overlooking valleys, villages, and rural countryside.

Following lunch and a brief orientation on the week's adventures, we may choose to set out on a hike or a short stroll. We plan to explore the historic carriage roads and paths of the Marsh-Billings-Rockefeller National Historical Park, a living symbol of three generations of conservationist thought and practice. We learn about land stewardship and conservation as well as the histories of three American families by visiting the mansion and gardens where these exceptional people lived and observed nature.

We'll return to the village center of Woodstock where you are free to set out on your own to explore this quintessential New England town. Chartered in 1761, Woodstock is a typical, quaint Vermont village with historical brick homes, a covered bridge, a village green, and a small "downtown USA" main street.

As our day winds down, a short drive down a country road and over two covered bridges brings us to our charming inn. Built in 1793, the Inn was originally the home of Colonel Joseph Marsh, Vermont's first lieutenant governor. Dinner this evening is in the Inn's charming candle-lit dining room.

Accommodation: The Quechee Inn at Marshland Farm, Quechee

Meals: L, D

DAY 2: Quechee Gorge; Woodstock

Activity Overview: Hiking on trails

Activity Level: Easy to moderate

Activity Length: 2-3 hours, 3-4 miles

This morning's scenic walk starts from our inn and leads into Quechee State Park and along the Quechee Gorge. Formed by glacial activity around 13,000 years ago, the gorge is over a mile long and 165 feet deep. This natural wonder of Vermont is a sight to behold with spectacular views from the trail alongside what is sometimes called "Vermont's Little Grand Canyon."

From the gorge, a short diversion on foot leads us to the Vermont Institute of Natural Science. Located adjacent to Quechee State Park, this 47-acre campus provides a state-of-the-art environmental education facility and wildlife rescue and rehabilitation. It is home to the largest collection of birds of prey in the Northeast, including bald and golden eagles, hawks, owls, and falcons. More than 400 orphaned and injured birds from Vermont and neighboring New Hampshire are treated at the center annually.



"Nothing beats Vermont in the fall—the crisp morning air, vibrant colors, leaves crunching underfoot, plus the quiet trails and delicious local food! I returned home feeling both invigorated and relaxed."

- Chris T., N.J.

Following lunch, we have many options for the afternoon. Depending on your energy level, you may choose to set out on another of our favorite local hikes, head to Woodstock for further exploration, or simply return to our inn for a relaxing afternoon in front of the fireplace.

Dinner will be together at one of the excellent locally-owned restaurants.

Accommodation: The Quechee Inn at Marshland Farm, Quechee

Meals: B, L, D

DAY 3: Transfer to Stowe

Activity Overview: Hiking on trails

Activity Level: Easy to moderate

Activity Length: 2-3 hours, 3-4 miles

We say good-bye to our charming Woodstock and head north towards the village of Stowe but not without some excursions along the way. We stop in the town of Norwich to walk along the Cossingham Road Farm trails through managed forests and open fields that speak to the farm's agricultural history. Nearly 70 species of birds have been identified by sight or sound on the farm, and if we are lucky, we may see moose tracks or a barred owl along the forested portions of the trail. The contrast of forest and field, ecological and cultural history, and conservation and use makes Cossingham Road Farm a truly unique community resource.

We stop for a fresh lunch at an organic farm stand and enjoy a short, behind-the-scenes tour of the farm before continuing on our drive.

Next, it's on to Stowe, a village that began as an early 19th-century farming and mill community and gradually evolved into a year-round recreation and vacation destination that attracts visitors from around the world. Our afternoon is free to explore the well-preserved and thriving village independently. A visit to historic buildings, such as the Akeley Memorial Building, Vermont Ski and Snowboard Museum, Helen Day Arts Center, and the Stowe History Museum, located in the Stowe Historical Society's one room schoolhouse, provide enriching experiences. You may also choose to enjoy a leisurely walk along Stowe's well-known recreation path, or explore the many unique shops for local crafts, artwork, souvenirs, and Vermont maple syrup.

Dinner tonight is in the cozy dining room of our historic inn.

Accommodation: The Green Mountain Inn, Stowe

Meals: B, L, D

DAY 4: Mt. Mansfield; Trapp Family Lodge

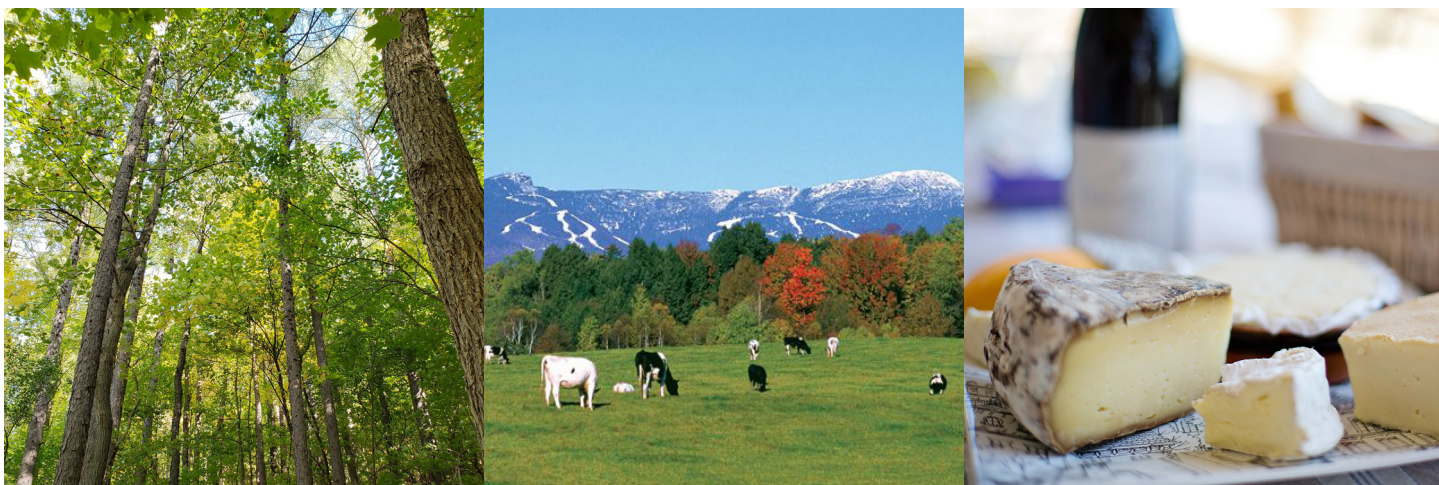
Activity Overview: Hiking on trails

Activity Level: Easy to moderate, or moderate to challenging

Activity Length: 3-4 hours, 2-4 miles

For the early risers, we will head out for a pre-breakfast walk. In the morning, there is often mist rising off of the river at this hour, and with the spectacular summer greenery or autumn foliage as a backdrop, it's a picture-perfect and serene setting.

Following breakfast, we gather as a group for a short drive out of town to Smugglers' Notch State Park. The famous Smugglers' Notch is a narrow pass through the Green Mountains lined with 1,000-foot cliffs. In the earlier days,



only a footpath and trail for horses existed here as it was used by many local people who traded illegally with Canada, herding cattle and carrying other goods through the Notch. Later, fugitive slaves used the Notch as an escape route to Canada.

We return to Stowe, and head for the state's highest peak: Mt. Mansfield. We ascend the historic Toll Road by van and then hike along the ridge to the summit. We are treated to 360-degree views of the Champlain Valley, New York's Adirondacks, and New Hampshire's White Mountains the entire way.

Descending back towards the village, we stop to enjoy lunch at the Trapp Family Lodge Bierhall. Founded by the famous family of singers who settled in Stowe after fleeing the Nazi occupation of Austria, the lodge offers many walking trails that offer a respite of shade in the summer and highlight the brilliant colors of the foliage in fall. The idea for an on-site brewery began "brewing" in Johannes von Trapp's mind more than a decade ago as a result of enjoying the tasty lager on his trips to the Austrian countryside near his ancestral home.

The afternoon presents a myriad of choices to consider: set out on the trails at the Trapp Family Lodge, further explore the village of Stowe, indulge in a massage at our inn, or simply grab a book and find the perfect reading nook.

Tonight, we dine at one of the excellent local restaurants within easy walking distance of our hotel.

Accommodation: The Green Mountain Inn, Stowe

Meals: B, L, D

DAY 5: Shelburne Farms; transfer to airport

Activity Overview: Hiking on trails and country roads

Activity Level: Easy

Activity Length: 1-2 hours, 2-3 miles

This morning, we say goodbye to Stowe but make one more special visit before saying our final farewells to Vermont.

Located on 1,400 acres bordering Lake Champlain, Shelburne Farms is a National Historic Landmark that operates as a non-profit center promoting sustainability and conservation. Established in 1886 as the agricultural estate of William Seward and Lila Vanderbilt Webb, today the property hosts community and educational activities throughout the year and is a working farm, producing award-winning cheddar cheese and other products that help support the organization. There are many trails on this vast estate, and we may choose to follow one that winds through fields of grazing sheep, past the dairy barn, or towards the elegant lake-side inn.

We enjoy a final lunch together with beautiful views of Lake Champlain and the Adirondack mountains before heading to the Burlington International Airport for journeys home or to other exciting adventures.

Meals: B, L

ACCOMMODATIONS

Your time spent in these two historic, quaint inns provides the opportunity to experience a country estate setting as well as a village location. The period furnishings and picturesque architecture will bring you back to a simpler time when Vermont was considered New England's frontier.



NIGHTS 1 & 2

The Quechee Inn at Marshland Farm

1119 Quechee Main St.

Quechee, VT 05059

Tel 802-295-3133 | www.quecheeinn.com

Built in 1793, the Quechee Inn was originally the home of Colonel Joseph Marsh, Vermont's first lieutenant governor. Since that time, this historic residence has been expanded to include 22 guest rooms, 3 suites, a fine dining restaurant, and a common area for guests. With stunning views out toward Dewey's Mill Pond and the Ottauquechee River, each room and nuance of the Inn has its own unique story to tell. In the afternoon, our guests enjoy freshly baked cookies and refreshments and the wood burning fireplace in the common room.

Listed on the National Register of Historic Places, the inn maintains 19th-century character and charm while adding modern conveniences.



NIGHTS 3 & 4

The Green Mountain Inn

18 Main St.

Stowe, VT 05672

Tel 800-253-7302 | www.greenmountaininn.com

Visited by U.S. presidents, traded for a farm, home to a railroad company's offices, site of a grand dance hall, and base for regular Lowell Thomas broadcasts, the Green Mountain Inn has a rich and storied history.

Nestled in the heart of historic Stowe, Vermont, The Green Mountain Inn is among the finest accommodations in Stowe and has captivated travelers from around the world for more than a century. With the perfect blend of classic ambience and modern comforts, the inn is the ideal location for exploring the area.

WHAT TO EXPECT



TRIP RATING

Boundless Journeys' trips are designed for energetic and flexible individuals who like to be active and have a spirit of adventure and a positive attitude. This trip is rated 2, easy to moderate, on a scale of 1-5 (with 5 being the most strenuous). The hikes on this trip average 2-3 hours in length with minimal vehicle support, on a mix of wooded trails, country roads, and granite ridgelines. While many of the trails we will use are well-maintained, there will also be rocky sections with uneven footing. Please also refer to the detailed itinerary for descriptions of the activities on each day of the trip.

PREPARING FOR THIS TRIP

It is very important that you realistically assess your physical condition with regard to the demands of this trip. The more well-prepared you are for the activities, the more you will enjoy yourself. As a general guideline, we suggest that you engage in easy to moderate aerobic activities (such as walking, hiking, jogging, or cycling) for at least 30-45 minutes several times a week for 4-6 weeks before the trip. If you live in a flat area, try to incorporate some stairs into your workout, or use a treadmill with varying incline capability (consult your doctor before undertaking any new fitness program). Please contact us if you have any doubts regarding your physical match with this tour.

WEATHER

As they say in New England, "There is no such thing as bad weather, just inappropriate clothing." The summer can be humid and hot. Cool morning quickly warm up. In fall, mornings are cool, and frost is possible overnight in early October. Average high temperatures are quite comfortable

for hiking, although dressing in layers is essential to your comfort throughout the day. Rain is possible at any time, and weather conditions can change rapidly in the mountains, so having rain gear on hand is also advisable.

AVERAGE TEMPERATURE °F (HIGH/LOW)			
	JUL	SEP	OCT
Quechee	81° / 55°	71° / 45°	59° / 34°
Stowe	78° / 55°	68° / 45°	55° / 35°

WHEN TO GO

Each season brings its own highlights to Vermont. Summer offers the warmest weather and typically the driest trail conditions, while fall offers the stunning displays of color. The exact days of peak foliage vary from year to year and from location to location throughout the state. However, we choose our dates for their reliability for having amazing color, often accompanied by great hiking temperatures and blue skies.

TRAVELER'S RESPONSIBILITY

As a trip participant, you have responsibilities to Boundless Journeys, your fellow travelers and guide, and the local people you encounter. This includes understanding and preparing for the conditions described in the itinerary, ensuring it meets your interests and abilities, and following the health and safety guidelines of Boundless Journeys, local authorities, and/or the CDC. At their discretion, a guide may ask a guest to leave the trip if further participation may be detrimental to the individual or other participants.

We strongly urge any guest feeling ill shortly before departure to cancel their trip. To help cover your investment, we highly



recommend purchasing travel insurance with supplemental “Cancel for Any Reason” coverage. If you feel unwell during the tour, please immediately inform your guide, who can help take the appropriate next steps. We appreciate your cooperation.

SMALL GROUP TRAVEL

Small group travel affords us the opportunity to seek out the most remote and exotic destinations on the planet. Often we are exploring these locales with just 6-12 guests. The nature of active group travel is such that not all participants have the same ability level or interests. Traveling at a pace that is comfortable for the entire group, with a spirit of flexibility and adventure are all part of this intimate experience.

DRINKS WITH MEALS

At Boundless Journeys we believe group dinners are a time to celebrate our day, while enjoying the best of local cuisine, and good company. In keeping with this spirit, we typically include local beer and wine with group dinners. If you prefer premium wine, or liquor, please feel free to order what you like, and you may settle your tab at the end of the meal.

DRINKING WATER

We provide purified or bottled water on all trips; however, in an effort to reduce waste, we strongly encourage you to bring a water bottle to refill where safe to do so. This will be the case in Vermont, where tap water is safe to drink.

Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge, too, and learn more about TAP’s efforts at www.travelersagainstplastic.org.

CUISINE

Vermont is a proud agriculture and dairy state, and as such, it has an incredible tradition of fresh, local food, particularly cheese, apple and maple products, and locally-raised meat. The restaurants at which we eat on this trip reflect this and offer seasonal specials based on the local harvests. There is also a large variety of local craft beer, hard cider, and even wine, all of which will be included with group dinners. Please inform us of any specific dietary restrictions by completing your guest paperwork, and we will do our best to accommodate you. Please call our office with any questions or concerns about our ability to meet your needs.

OUR VERMONT TEAM

TRIP MANAGER



Emily Trostel

Originally from Pennsylvania, Emily spent several years adventuring and teaching in Wyoming, California, and Colorado before driving cross-country to relocate in Vermont. She joined the Boundless Journeys home team in 2017, and her portfolio includes New Zealand, Spain, England, Peru, Vermont, and our Alpe Adria trip. Emily loves any and all water activities—swimming, hot springs, and boats that require paddling. She also enjoys food and wine, literature, and hiking with her wife and their three dogs.

GUIDES

With a Boundless Journeys guide, your experience is that of friend and local adventurer. We believe strongly in working with local guides, experts in the areas to which we travel, and they hold the keys to unlocking the hidden delights of your chosen destination. Although you will never know they are at work—the mark of a truly great leader—our guides make magical things happen and add a dimension to your trip that you could not experience on your own.

Over the years we have forged bonds with some of the best guides in the world, and we typically work with a small team of guides in each region. You will be informed of the guide for your trip one month prior to your departure.



Deborah Lewis

Deborah's love of local history and culture, and her friendly enthusiasm pervade all of the trips that she guides. She is a member of the Vermont Outdoor Guide Association and has been leading hiking, cross country skiing, snowshoeing, bicycling, and sea kayaking trips for over 30 years. Outside of Vermont, Deborah has guided numerous adventures in Europe, North America, and South America. She is an avid foreign traveler and speaks a number of foreign languages, including fluent German, very good French, and "travel" Spanish and Italian. While Deborah's main residence is in Norwalk, Connecticut, she also resides part-time in Vermont, which she uses as a base from which to indulge her passion for the Green Mountain State. .

NEXT STEPS



TO MAKE A RESERVATION

You can call Boundless Journeys at 800-941-8010, request a reservation online, or contact your travel agent. We will confirm your spot with a deposit of \$500 per person and the payment of internal airfare, payable by check or credit card.

ONCE YOU RESERVE

As soon as you confirm your adventure, we will provide you with an extensive, detailed trip planner that includes arrival and departure instructions, a complete packing list, regional information, required documents, a reading list, and other details.

CANCELLATION & REFUND POLICY

Please check our Terms & Conditions page on our website for our comprehensive cancellation and refund policies: www.boundlessjourneys.com/terms-and-conditions.

TRIP CANCELLATION INSURANCE

In addition to your detailed trip planner, we will email you a quote for Travel Guard trip insurance. Please let us know if you would like us to purchase a policy on your behalf. Boundless Journeys strongly recommends purchasing Trip Insurance.

QUESTIONS? WHICH TRIP IS RIGHT FOR YOU?

Adventure travel may involve exotic destinations, unusual levels of physical exertion, and activities that may be new to you. If you have any questions about the level of comfort, difficulty, or activities included on your trip, please call Boundless Journeys at 800-941-8010, or email us at info@boundlessjourneys.com. Our travel experts look forward to helping you select the perfect adventure.

BOUNDLESS BEYOND



RESPONSIBLE TRAVEL

At Boundless Journeys, our goal is to create meaningful experiences that protect the delicate ecosystems and attributes of every location we visit. We aim to educate our guests on the best responsible travel practices for each destination.

WE ARE COMMITTED TO

Making connections. Our local guides offer insider knowledge of their country, including tips on etiquette and customs. They facilitate meaningful interactions with the people and places we visit, such as dinner at the home of a local family. While you may arrive in a destination as a visitor, you leave with a deeper understanding and connection to each place.

Going local. Boundless Journeys' small group size stems from a desire to provide a more intimate traveler experience, giving us the freedom to move through the tight alleys of old towns on foot, eat and sleep at traditional guesthouses, participate in immersive cultural exchanges, and leave a smaller footprint on all of the locales we visit. This mobility allows us to support local economies directly, forging strong relationships with our partners and friends abroad as we return year after year.

Respecting people and the environment. We support organizations working to protect ecosystems and improve the livelihoods of local communities. On many of our trips, we explore stunning natural landscapes where conservation is of the utmost importance. As visitors, we practice Leave No Trace ethics and actively contribute to the conservation of parks and protected areas.

HOW YOU CAN HELP

Give back. Instead of receiving a Boundless Journeys t-shirt or water bottle, you can opt to donate the value of your gift to our travel scholarship fund, which will be awarded to a local student for an educational or service-based travel opportunity.

Learn more. Visit boundlessjourneys.com/responsible-travel to read more about how our values are reflected in our trip offerings. We also offer a selection of Resources for the Responsible Traveler, which suggests ways to tread lightly and ensure your journey has a positive impact.

Join us. Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge at travelersagainstplastic.org.

CONSERVATION IN ACTION

Boundless Journeys is a proud member of the Adventure Travel and Trade Association, a global network of adventure seekers who believe in the protection and promotion of local communities and wilderness areas.

