



Spain & Morocco

GRANADA TO FES WALKING

ACTIVE CULTURAL EXPLORATION | 10 DAYS

April 24-May 4, 2022

October 2-12, 2022

TRIP ITINERARY



1.800.941.8010 | www.boundlessjourneys.com

How we deliver

THE WORLD'S GREAT ADVENTURES

A passion for travel. Simply put, we love to travel, and that infectious spirit is woven into every one of our journeys. Our staff travels the globe searching out hidden-gem inns and lodges, taste testing bistros, trattorias, and noodle stalls, and discovering the trails and plying the waterways of each remarkable destination. When we come home, we separate wheat from chaff, creating memorable adventures that will connect you with the very best qualities of each destination.

Unique, award-winning itineraries. Our flexible, hand-crafted journeys have received accolades from the world's most revered travel publications. Beginning from our appreciation for the world's most breathtaking and interesting destinations, we infuse our journeys with the elements of adventure and exploration that stimulate our souls and enliven our minds. Whether you are looking for a challenging physical expedition or a leisurely cultural exploration, Boundless Journeys has exceptional itineraries to match your sense of adventure.

Insider connections. There is simply no substitute for traveling with a knowledgeable insider, and our expert local guides will open doors for you that other travelers miss, like dinner with their extended family in Peru's Sacred Valley, or meeting an art scholar in Florence. Relationships developed over many years allow you to experience our destinations through a well-connected friend.

Small groups. Although the camaraderie of a group of like-minded travelers often enhances the journey, there can be too much of a good thing! We tread softly, and our average group size is just 8–10 guests, allowing us access to opportunities that would be unthinkable with a larger group.

Flexibility to suit your travel style. We offer both scheduled, small-group departures and custom journeys so that you can choose which works best for you. Not finding exactly what you are looking for? Let us customize a journey to fulfill your travel dreams.

Customer service that goes the extra mile. Having trouble finding flights that work for you? Want to surprise your traveling companion with a bottle of champagne at a tented camp in the Serengeti to celebrate an important milestone? There is no request that is too big—or too small—for our staff to handle. From your first call, we guide you through choosing your trip, provide advice on preparing for your adventure, and hold your hand until you return home.



Multi-year recipient of *Travel + Leisure* magazine's "World's Best Tour Operator"; and recognized by the editors of *National Geographic ADVENTURE* magazine as one of the **Best Adventure Travel Companies on Earth**.

Spain & Morocco | GRANADA TO FES

Thank you for our interest in this fantastic journey to Spain and Morocco. We have handcrafted this tour from our own experience and hope you fall in love with the area—as we have!

THE INSPIRATION FOR THIS JOURNEY

For centuries, southern Spain and Morocco—separated by the 9-mile Strait of Gibraltar—have had a long and deeply connected history. Their distinct cultural identities are balanced by a rich, shared heritage that has left them forever intertwined.

Southern Spain is known for its sleepy rural villages and bull fighting arenas, delicate orange blossom groves and thrumming guitar strains. It is a historic and cultural melting pot, evidenced in its Roman ruins, fortified Moorish hill towns, and converted medieval mosques.

Morocco provides an intoxicating mix of ancient and modern, from brightly-colored medinas and imposing imperial cities to French colonial resort towns and luxurious design hotels. Morocco casts a spell with its bustling souks, sun-baked desert vistas, colorful *zellij* mosaics, and North African-spiced tagine stews. Prepare to be enchanted by both destinations.

Our 11-day journey blends world-renowned sites and lesser-known cultural gems, punctuated by invigorating day hikes through unique landscapes of two countries. We walk through fruit orchards, past karst massifs, along shepherds' paths, and on cobbled streets. This adventure leads us to a better understanding of the intricate threads that connect these tightly woven, ancient lands.

HIGHLIGHTS

- Exploring the 14th-century royal complex of the Alhambra, the Roman ruins of Volubilis, the “Blue City” of Chefchaouen, and Fes’ ancient medina
- Hiking up mountain trails among cork and cedar forest, along shepherds’ paths, and through picturesque whitewashed villages
- Savoring the wine and Iberian ham of Andalucia and lingering over sweet mint tea and tagine stews in Morocco

TOUR OVERVIEW.....	4
THE JOURNEY.....	6
ACCOMMODATIONS	11
WHAT TO EXPECT.....	13
OUR SPAIN & MOROCCO TEAM ..	16
NEXT STEPS	17
BOUNDLESS BEYOND.....	18



TOUR OVERVIEW



THE BASICS

Duration:	11 days / 10 nights
Tour start:	Granada, Spain
Tour end:	Fes, Morocco
Accommodations:	Boutique guesthouses, deluxe hotels
Trip rating:	1 2+ 3 4 5
	Easy Strenuous (See page 13 for more details)
Land cost:	\$6,995 per person*
Single supplement:	First two reserved on each departure: \$485 (Must reserve at least 120 days ahead) Additional singles: \$985



WHAT'S INCLUDED

Just pack your bags – we've got you covered! When you're on a Boundless Journeys adventure, every detail is taken care of for you, so you can relax and truly experience each moment. Put your wallet away, leave your travel books behind, fold up your maps, and BE there. Your Boundless Journeys adventure includes:

- An expert private guide, supported by local specialists
- Ten nights in ideally-located boutique guesthouses and deluxe hotels
- All activities as noted in the itinerary
- Private transportation in a comfortable vehicle; ferry crossing from Tarifa to Tangier
- All meals as indicated in the itinerary
- Local wine and beer with included dinners
- All gratuities, except those for your guide and driver, which are at your discretion
- Explorers Club savings on your next scheduled, small-group trip (conditions apply)

International airfare is not included in the price of your trip. Please contact your local travel agency or the airlines directly to make any arrangements you may need. If you would like assistance with booking your flights or other travel plans, please contact Boundless Journeys directly at (800) 941-8010 for a referral to our partners who will best fulfill your needs.



ITINERARY AT-A-GLANCE

DAY 1

Arrive in the Andalusian city of Granada, at the foot of the Sierra Nevada Mountains. Walk along the River Darro and tour the famed Alhambra.

DAY 2

Hike and hunt for fossils along the Torcal karst massif, a rare geological site in the Sierra Torcal Mountains. Explore Antequera and ancient *alcazaba*, or fortress.

DAY 3

Transfer to the whitewashed town of Grazalema. Hike from Grazalema toward the towering Peñon Grande, through tracks of Mediterranean woodland.

DAY 4

Hike above the village of Grazalema through a fir forest to the village of Benamahoma.

DAY 5

Enjoy a short hike through cork forest and along the Campobuche River in the historic Guadalete Valley. Transfer to the hilltop town of Ronda. Afternoon exploration of Ronda's historic sites with a specialist guide.

DAY 6

Transfer to Tarifa and ferry crossing to Tangier, Morocco. Afternoon guided walk through Tangier medina.

DAY 7

Visit Cape Spartel and the Caves of Hercules. Transfer to Chefchaouen and explore the iconic blue medina.

DAY 8

Hike through cork oak forest in the Rif Mountains to the village of Mechkralla. After a traditional Berber lunch, return to Chefchaouen to explore the souks by night.

DAY 9

Visit the city of Moulay Idriss Zerhoun and tour the Roman outpost of Volubilis before continuing on to Fes.

DAY 10

Guided walk through the Fes medina to explore backstreets and learn about cultural landmarks along the way. Tour a traditional pottery co-operative and savor a final celebration dinner.

DAY 11

Transfer to the airport for departure.

THE JOURNEY



DAY 1: Arrival in Granada

Activity Overview: City walking

Activity Level: Easy

Activity Length: 4 hours, about 3.5 miles

Bienvenido a España! Our adventure begins in the Andalusian city of Granada, at the foot of the Sierra Nevada Mountains. This morning, we meet our guide and begin with a brief orientation to the coming days.

We set off on a walk along the River Darro, which winds gently through the heart of Granada. The river was named by the Romans, who once panned for gold along its banks. Our path leads us to the Alhambra, a 14th-century complex of royal palaces and gardens built by the last Muslim emirs in Spain. The complex was first described by Moorish poets as “a pearl set in emeralds” for its beautiful, luminescent architecture and mountainous, woodland setting. Today the Alhambra is one of Spain’s most renowned attractions and is a designated UNESCO World Heritage Site. *Please note: tickets for the Alhambra are in very high demand, and sell out quickly. We need passport details a minimum of 130 days prior to departure in order to guarantee Alhambra tickets, and therefore recommend booking this tour well in advance.*

Upon arrival, we tour the palaces—including the breathtaking grounds of the Palacio de Generalife—with a specialist guide. Afterward, we enjoy lunch at a restaurant overlooking the city of Granada before making the 1.5-hour journey west, where we settle in to our countryside hotel near Antequera.

Accommodation: Hotel la Fuente del Sol, Antequera

Meals: L, D

DAY 2: Torcal de Antequera

Activity Overview: Hiking and cultural touring

Activity Level: Easy

Activity Length: About 5 hours, 3-4 miles

After breakfast, a short transfer brings us to the Torcal, an extraordinary limestone massif that forms part of a nearby nature reserve. Located in the Sierra del Torcal Mountain Range, the whimsical rock formations were part of a Jurassic Age marine corridor that once extended from the Atlantic Ocean to the Mediterranean Sea. When the waters retreated, they left behind an unusual mountain range of flat-lying limestone and caves with visible fossil deposits. We explore the park’s exhibition and do some fossil hunting along a high platform in the Torcal before hiking around this unique landscape.

We next transfer to the town of Antequera, located in the heart of Andalucía. This small, hilltop settlement was called Anticaria by its original Roman settlers and gradually grew in regional importance from the second millennium BCE.

We explore the old part of town and its major attractions, including the remains of a Roman villa, the *alcazaba* or fortress, which Christians reclaimed from the Moors in the early 15th century, the Moorish quarter and the magnificent parish church. This evening, we enjoy a dinner of regional and Mediterranean specialties at our hotel.

Accommodation: Hotel la Fuente del Sol, Antequera

Meals: B, L, D



DAY 3: Grazalema

Activity Overview: Hiking

Activity Level: Moderate, elevation gain and loss of 1,800'

Activity Length: 4-5 hours, about 6 miles

We begin with a transfer to the mountain town of Grazalema, less than two hours west, where we leave our bags and set off to stretch our legs in the mountainous, rugged terrain of southern Andalucía. Our route begins on the cobbled roads of Grazalema, where we follow a backstreet lined with quaint, whitewashed houses. Arriving at the top of the village, we can see Peñon Grande, the 4,320' peak that towers above town.

Winding along country paths and through tracks of Mediterranean woodland, we gain elevation, while enjoying views over the surrounding farmland and the twin peaks of Reloj and Simancon. Continuing on to Presillas Pass, the path begins to wend downhill, following the Guadalete River. This river once marked the frontier boundary between Christian and Moorish Iberia, a designation that earned it the nickname, 'Río de los Muertos'—or 'River of the Dead'. We descend over the scenic Boyar Pass, eventually returning to Grazalema.

This evening, you are free to explore the village before dinner at a nearby restaurant that specializes in regional game dishes, including venison, wild boar, and partridge.

Accommodation: Hotel Puerta de la Villa, Grazalema

Meals: B, L, D

DAY 4: El Pinsapar Hike

Activity Overview: Hiking

Activity Level: Moderate, elevation gain of 1,142' and loss of 2,913'

Activity Length: 4-5 hours, about 7-8 miles

Our trailhead today starts ten minutes outside the village of Grazalema at a small abandoned sand quarry. The trail begins uphill, running through open pine forest to the ridge of the Sierra de las Cumbres. The views from the ridge are spectacular, and the change in the vegetation is dramatic after we switch to the north face of the massif and gradually enter the protected fir forest of Grazalema, a relict forest from the last period of glaciation. We contour across the northern slopes of the peaks of San Cristóbal and Torreón and then undertake a steady descent through more open evergreen oak woodland and pastures down to the isolated village of Benamahoma, famed for its pure spring water.

We'll enjoy a picnic lunch along the way, and upon arrival in Benamahoma, relax with a well-earned beer at a local pub. A 30-minute transfer returns us to Grazalema, and the evening is free to relax and enjoy dinner on your own at one of the charming local restaurants in town.

Accommodation: Hotel Puerta de la Villa, Grazalema

Meals: B, L



DAY 5: Cork Forest and Ronda

Activity Overview: Hiking and city walking

Activity Level: Easy to moderate,

Activity Length: 2 hours, 3-4 miles hiking; city tour about 2-3 hours

Departing Grazalema, we descend into the Guadalete Valley. We stop for a short hike that descends through cork forest along the banks of the Campobuche River before transferring east to the ancient, picturesque town of Ronda.

Surrounded by Spanish fir trees and perched along the nearly 330-foot-tall El Tajo Canyon, Ronda offers one of the most breathtaking vantages in all of Andalucía. Prominent figures including Orson Welles and Ernest Hemingway frequented the area and were inspired by the town's beauty and longstanding bullfighting tradition.

This afternoon, we check in to our hotel situated on the edge of the Guadalevin River Gorge and enjoy lunch before a guided exploration of Ronda's charming Casco Antiguo, or Old Quarter. Beginning at our hotel, we cross the 18th-century Puente Nuevo Bridge, which spans the El Tajo Canyon. Today's stops include the main square of Ronda, the parish church of Santa María la Mayor—known for its Renaissance choir and range of architectural styles spanning 200 years, and the Arab Baths, which offer a rare glimpse at Moorish daily life from the 13th to 16th centuries.

We enjoy dinner together at a cliffside restaurant and toast our time in Spain, while anticipating tomorrow's journey to Morocco.

Accommodation: Parador de Ronda, Ronda

Meals: B, L, D

DAY 6: Transfer to Morocco

Activity Overview: Transfer and cultural touring

Activity Level: Easy

Activity Length: 2 hours driving, 1-hour ferry ride, about 3 hours walking

This morning, we transfer overland from Ronda to Tarifa, Spain. At the harbor, we board a ferry and continue our journey by sea. The short trip crosses the Strait of Gibraltar, and we land in Tangier, Morocco.

After we disembark, we meet our Moroccan guide and head to a nearby restaurant for a lunch of local specialties, enjoying the flavors of a new cuisine that contrasts with our meals in Spain.

With our appetite satisfied, we set off with our guide for a walking tour of Tangier. Before Moroccan independence, Tangier was part of an "International Zone" that was home to artists, writers, vagabonds, businessmen, spies, socialites, and everyone in between. Its eclectic history, 'anything goes' attitude, and blend of cultures make Tangier a fascinating city to explore.

As part of our afternoon adventure in this new land, we visit the *kasbah*—an old style of medina that was formerly used as a fortress—and the Kasbah Museum, housed in the former sultan's palace. We stop for tea along the way, and our guide regales us with stories about the people who have called Tangier home—including Paul Bowles, Henri Matisse, and Eugene Delacroix.

This evening, we enjoy time to relax before dinner at our lovely riad.

Accommodation: Palais Zahia, Tangier

Meals: B, L, D

DAY 7: Tangier to Chefchaouen

Activity Overview: Transfer and cultural touring

Activity Level: Easy

Activity Length: 2-3 hours driving, 3-4 hours walking

Departing Tangier, we take a short detour west to the coast en route to Chefchaouen. Here, we enjoy panoramic views over the Mediterranean Sea and Atlantic Ocean from Cape Spartel, where the two bodies of water converge. We also visit the Caves of Hercules and learn about the unique mythology of this site.

A two-hour drive south delivers us to the town of Chefchaouen, perched below the Rif Mountains and known for its iconic blue medina. Upon arrival, we check in to our centrally-located riad before heading out to stretch our legs. We explore the winding cobblestone roads and narrow alleyways full of bright blue buildings with red-tiled rooftops. Along the way, our guide tells us about the history of Chefchaouen, including theories about why the buildings are painted blue, and we have plenty of opportunities for taking photos of the town's picturesque street scenes.

We retire to our riad for the next two nights and enjoy a relaxing dinner together.

Accommodations: Riad Cherifa, Chefchaouen

Meals: B, L, D

DAY 8: Hiking in the Rif Mountains

Activity Overview: Hiking

Activity Level: Easy to moderate, elevation gain of 1,500' and loss of 700'

Activity Length: 4-5 hours, about 6 miles

We set off for a hike in the Rif Mountains, walking along shepherds' paths through forests of cork oak trees in Talassemtane National Park.

Our hike commences with a gentle climb, eventually offering some impressive vistas of the surrounding landscape. We walk above fields and hillsides, enjoying views of the towering peaks of Jebel Lakraa and Jebel Tissouka. As we approach our destination, we pass a spring used for crop irrigation in the village of Mechkralla and stop to enjoy a traditional Berber lunch with a local family.

We return to Chefchaouen later this afternoon and have time to explore the souk by night before dinner together.

Accommodation: Riad Cherifa, Chefchaouen

Meals: B, L, D

DAY 9: Volubilis and Moulay Idriss Zerhoun

Activity Overview: Driving and cultural touring

Activity Level: Easy

Activity Length: 4 hours driving, about 4 hours walking

Our day begins with a scenic three-hour drive south to Moulay Idriss Zerhoun. Spread across the foothills of Mount Zerhoun, this holy city is the burial place of Moulay Idriss—the prophet Muhammad's great-grandson and the founder of Islam in Morocco. We enjoy a guided walk of the town, which only recently opened to non-Muslim visitors.

We continue to nearby Volubilis, one of ancient Rome's remote outposts and now a UNESCO World Heritage Site. With a local guide, we explore the grounds with their impressive ruins and beautiful collection of mosaics, offering a rare depiction of Roman life from the 1st century through 285 CE.

Another one-hour drive delivers us to Fes, where we settle in to our luxurious hotel and enjoy time to relax before dinner together.

Accommodation: Hotel Sahrai, Fes

Meals: B, L, D

DAY 10: Fes

Activity Overview: Walking and cultural touring

Activity Level: Easy

Activity Length: About 6 hours, 3-4 miles walking

Today, we explore Fes and its sprawling medina, one of the world's most well-preserved medieval cities. Home to more than 150,000 residents, Fes' medina remains the world's largest car-free urban zone. Dense, dark, and full of narrow alleyways packed with people and donkey carts, some areas of the medina appear virtually unchanged from the way it likely looked hundreds of years ago.



Our journey begins at the King's Palace, famous for its imposing brass doors, cedar wood carvings, and ornate *zellij* tilework. We continue to the Jewish and Arab quarters along the River of Fes, where it is possible to take in panoramic views of the medina. Our next stop is a visit to the family-owned pottery co-operative, where we see artisans with their apprentices producing *zellij* tiles and hand-thrown pottery using traditional techniques and simple tools.

We continue walking to the University of al-Karaouine (also written as al-Quaraouiyyine or al-Qarawiyyin), which is the oldest continuously-operated university in the world, originally founded in 859 AD by a woman named Fatima al-Fihr. We also see the restored 14th-century Bou Inania Madrasa theological college as well as the Nejjarine Fountain—a prime example of Moroccan riad architecture once used by visiting merchants and traders to store their wares. Please note, our walk does not include tours inside these sites, since they are closed to non-Muslim visitors.

Our next stop is the famous tannery of Chouara, where cow, sheep, goat, and camel leathers are preserved, dyed, and turned into the handbags, jackets, and wallets to be sold at the surrounding souks. There is also time to visit and make souvenir purchases at some of the city's famous handicraft stalls.

This evening, we return to our hotel for a farewell dinner and celebrate our adventure in this majestic and unique corner of the world.

Accommodation: Hotel Sahrai, Fes

Meals: B, L, D

DAY 11: Departure

After breakfast, you'll be transferred to the Fes-Saï's International Airport in time for your departing flight home.

Meals: B

PLEASE NOTE: *This is a typical itinerary, and actual activities may vary to take advantage of weather conditions, local events, and to allow serendipity to play a hand in your experience. Accommodations are as outlined in the itinerary, although we reserve the right to change these should the need arise. See our booking terms and conditions for more information about our change policy.*

ACCOMMODATIONS



NIGHTS 1-2

Hotel la Fuente del Sol

Paraje Rosas Bajas, s/nº

29260 Antequera, Málaga, Spain

Tel: +34 670 467 210 | info@hotelfuentedelsol.com

Designed in the style of an Andalusian *cortijo*, this quaint hillside hotel in the Torcal de Antequera countryside overlooks rolling farmland and the distant, white villages of the Mediterranean. Brightly-appointed guestrooms feature exposed beams and radiant heating.



NIGHTS 3-4

Hotel Puerta de la Villa

Plaza Pequeña, 8

11610 Grazalema, Cádiz, Spain

Tel: +34 956 13 23 88

Occupying a converted manor house in historic, downtown Grazalema, this family-run property offers views of the surrounding mountains and is ideally-situated within walking distance of the town hall, parish church, and village square.



NIGHT 5

Parador de Ronda

Plaza de España, s/n

29400 Ronda Málaga, Spain

Tel: +34 952 877 500 | ronda@parador.es

This stunning, cliff-side property is located in a historic Town Hall building next to the famous Puente Nuevo Bridge in the heart of Ronda. The hotel's spacious guestrooms are tastefully decorated, with views of the nearby Tagus River and the surrounding ravine.



NIGHT 6

Palais Zahia

Rue de la Marine 74

Tangier, Morocco

Tel: +212 5399-34000 | info@palais-zahia.ma

Palais Zahia is ideally-located in the heart of Tangier's medina and only a 5-minute walk to the coast. Colorful woodwork and tiles create a bright and inviting atmosphere, while room décor is inspired by some of Tangier's most notable personalities. Enjoy excellent service and hospitality, delicious food, and a terrace overlooking the city.



NIGHTS 7-8

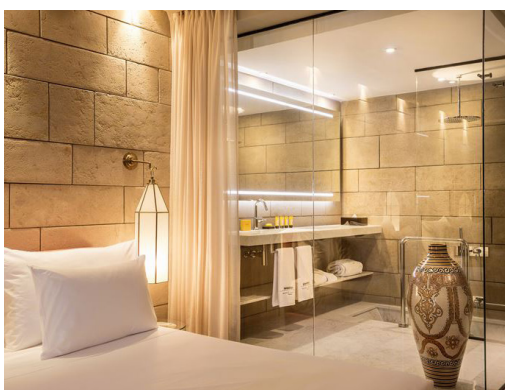
Riad Cherifa

Rue Hmed Laaroussi 9

Chefchaouen, Morocco

Tel: +212 5399-86370 | info@riadcherifa.com

Located in the heart of Chefchaouen, this riad combines two traditional houses and has retained its original Andalusian-Moroccan architecture. The atmosphere is grounded in cultural heritage but offers modern luxuries and design



NIGHTS 9-10

Hotel Sahrai

Bab Lghoul, Dhar El Mehraz

Fes, Morocco

Tel: +212 5359-40332 | reservations@hotelsahrai.com

The creation of French designer and architect Christophe Pillet, this five-star hotel melds Moroccan tradition with contemporary style. Chic, understated guestrooms include glass-walled bathrooms, leather headboards, and high-end toiletries.

WHAT TO EXPECT



TRIP RATING

Boundless Journeys' trips are designed for energetic and flexible individuals who like to be active and have a spirit of adventure and a positive attitude. Our Spain & Morocco: Grenada to Fes Walking journey is rated 2+, easy to moderate, on a scale of 1-5 (with 5 being the most strenuous). Southern Spain and Morocco contain a variety of terrains, from forested hills and rugged mountains, to bountiful farmlands and fertile river valleys. Hikes have elevation gains up to 1,800' and losses up to 2,900', and actual hiking time ranges from 3 to 7 hours (with distances of 3-6 miles and one day up to 8 miles). Terrain includes everything from paved city streets and country paths to modestly challenging mountain trails.

PREPARING FOR THIS TRIP

It is very important that you realistically assess your physical condition with regard to the demands of this trip. The more well-prepared you are for the activities, the more you will enjoy yourself. As a general guideline, we suggest that you engage in easy to moderate aerobic activities (such as walking, hiking, jogging, or cycling) for at least 30-45 minutes several times a week for 4-6 weeks before the trip. If you live in a flat area, try to incorporate some stairs into your workout, or use a treadmill with varying incline capability (consult your doctor before undertaking any new fitness program). We recommend hiking consecutive days to prepare for the cumulative fatigue of daily activity. Please contact us if you have any doubts regarding your physical match with this tour.

WEATHER

Andalucía, Spain, has a coastal climate, meaning it remains warm and relatively dry throughout the year. The annual temperatures can range from average lows in the mid-30s to highs in the mid-90s (°F), with the potential for heat waves in the low 100s during the summer. The warmest months are June, July, and August.

Morocco's climate is moderate and subtropical near its coasts, thanks to the cooling breezes of the Atlantic Ocean and the Mediterranean Sea. Further inland, temperatures can be more extreme, but in the north of the country—from Tangier to Fes—the annual temperatures typically range from the low-40s in the wintertime to the mid-90s (°F) in the summer months.

Please come prepared to walk in rain or shine, packing a range of warm, waterproof layers of clothing, even if the weather appears fine. We will do daily activities as planned, unless weather conditions make it dangerous to do so. You may obtain more detailed weather information at www.weatherbase.com.

AVERAGE TEMPERATURE °F (HIGH/LOW)			
	APRIL	MAY	OCTOBER
Granada	66/44	74/50	71/49
Chefchaouen	62/46	69/51	70/53
Fes	70/48	77/54	77/55

WHEN TO GO

The shoulder seasons in southern Spain and Morocco—from March to May and mid-September to October—offer moderate temperatures and are typically considered the best time to visit. During the high season, the crowds pack



in and traffic jams are common (July-September), especially near the coasts. While occasional rains are not uncommon in the spring, congestion is low and temperatures make it the ideal season for hiking. It's also a popular time of year to experience colorful local festivals in Andalucía.

TRAVELER'S RESPONSIBILITY

As a trip participant, you have responsibilities to Boundless Journeys, your fellow travelers and guide, and the local people you encounter. This includes understanding and preparing for the conditions described in the itinerary, ensuring it meets your interests and abilities, and following the health and safety guidelines of Boundless Journeys, local authorities, and/or the CDC. At their discretion, a guide may ask a guest to leave the trip if further participation may be detrimental to the individual or other participants.

We strongly urge any guest feeling ill shortly before departure to cancel their trip. To help cover your investment, we highly recommend purchasing travel insurance with supplemental "Cancel for Any Reason" coverage. If you feel unwell during the tour, please immediately inform your guide, who can help take the appropriate next steps. We appreciate your cooperation.

SMALL GROUP TRAVEL

Small group travel affords us the opportunity to seek out the most remote and exotic destinations on the planet. Often we are exploring these locales with just 6-12 guests. The nature of active group travel is such that not all participants have the same ability level or interests. Traveling at a pace that is comfortable for the entire group, with a spirit of flexibility and adventure, are all part of this shared experience.

DRINKS WITH MEALS

At Boundless Journeys we believe group dinners are a time to celebrate our day, while enjoying the best of local cuisine, and good company. In keeping with this spirit, we typically include local beer and wine with group dinners. If you prefer premium wine, or liquor, please feel free to order what you like, and you may settle your tab at the end of the meal.

DRINKING WATER

We provide purified or bottled water on all trips; however, in an effort to reduce waste, we strongly encourage you to bring a water bottle to refill where safe to do so. This will be the case in much of Europe, as well as a few other destinations, where tap water is safe to drink. In parts of the world where water must be purified, bottled water may be our only option. Here, we do our best to provide purified water from larger containers to refill your bottles, rather than using many small single-use bottles throughout your trip. This is just one small way we strive to travel more responsibly and we appreciate your efforts in helping us to protect the extraordinary places we visit.

Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge, too, and learn more about TAP's efforts at www.travelersagainstplastic.org.v

CUISINE

A history of foreign invaders—Romans, Christians, and Moors—have left their mark on both Andalusian and Moroccan cuisine, and the results are still evident today. Southern Spain's five coastal provinces have made fish



and shellfish an important culinary staple, while an array of spices feature prominently in most Moroccan dishes.

In Andalucía, small plates are often served tapas-style, and you're likely to find *pescaito frito*—fried fish or squid—on most menus. Fresh, cold soups such as gazpacho are common and are typically made with garlic, olive oil, and local vegetables or seafood. Iberian ham (*jamón ibérico*)—dry cured and made from a prized pig breed that grazes on acorns—is world-renowned and a must-try.

Southern Spain's traditional desserts have roots in the Middle Ages, including *pestiños*, deep fried pastry dolloped with honey; and *polvorones*, almond cookies topped with powdered sugar, which came over with the Moors. Finally, the region is well-known for its sherry (fortified wine), which has been produced here for centuries.

Moroccan cuisine benefits from the country's fertile, rural heart, which is responsible for producing a wide range of Mediterranean fruits, vegetables, and livestock. Couscous is a national staple, typically topped with beef, chicken, or lamb—meats, which are often cooked inside a tagine (a triangular, earthenware vessel) alongside vegetables. A series of hot and cold salads are usually served before the tagine. Pork and alcohol are rarely consumed at traditional meals due to religious restrictions.

Spices have been imported to Morocco for thousands of years and are an essential part of the country's culinary heritage. Exotic spices such as cinnamon, cumin, turmeric, and ginger are often featured, as are common flavors of saffron, mint, olives, and citrus fruits, which are produced domestically. Morocco's most popular national beverage is mint tea, served in abundance at family gatherings and in cafés around the country.

Please inform us of any specific dietary restrictions and we will do our best to accommodate you. Please call our office with any questions or concerns about our ability to meet your needs.

CULTURAL ETIQUETTE

Morocco is a conservative Muslim country, and as a courtesy, we recommend being mindful of cultural norms. For example, it is considered rude to take photographs of local people without permission. Please ask your guide's advice when in doubt about appropriate approaches to photographing local people and their homes; most will likely oblige, but may expect a small tip as a token of your appreciation.

ALHAMBRA TICKETS

Tickets to visit the Alhambra (on Day 1) are in very high demand, and sell out quickly. We need passport details a minimum of 130 days prior to departure in order to guarantee Alhambra tickets for this tour, and therefore recommend booking this tour well in advance.

OUR SPAIN & MOROCCO TEAM

TRIP MANAGER



Emily Trostel

Originally from Pennsylvania, Emily spent several years adventuring and teaching in Wyoming, California, and Colorado before driving cross-country to relocate in Vermont. She joined the Boundless Journeys home team in 2017, and her portfolio includes New Zealand, Spain, England, Peru, Vermont, and our Alpe Adria trip. Emily loves any and all water activities—swimming, hot springs, and boats that require paddling. She also enjoys food and wine, literature, and hiking with her wife and their three dogs.

GUIDES

With a Boundless Journeys guide, your experience is that of friend and local adventurer. We believe strongly in working with local guides, experts in the areas to which we travel, and they hold the keys to unlocking the hidden delights of your chosen destination. Although you will never know they are at work—the mark of a truly great leader—our guides make magical things happen and add a dimension to your trip that you could not experience on your own.

Over the years we have forged bonds with some of the best guides in the world, and we typically work with a small team of guides in each region. You will be informed of the guide for your trip one month prior to your departure.



Nicholas Law

As a U.K. ex-pat residing in Barcelona, Nick has been guiding and designing active cultural tours in Spain for nearly 20 years. His passion for Spanish culture and heritage have, at various times, led him in the directions of teaching, writing, translating, editing, and publishing; including time with the University Complutense in Madrid. With ample experience and a love of all things Spanish, Nick is an ideal traveling companion on our Camino de Santiago tour, where guests continuously comment on his extensive historical knowledge and friendly manner.

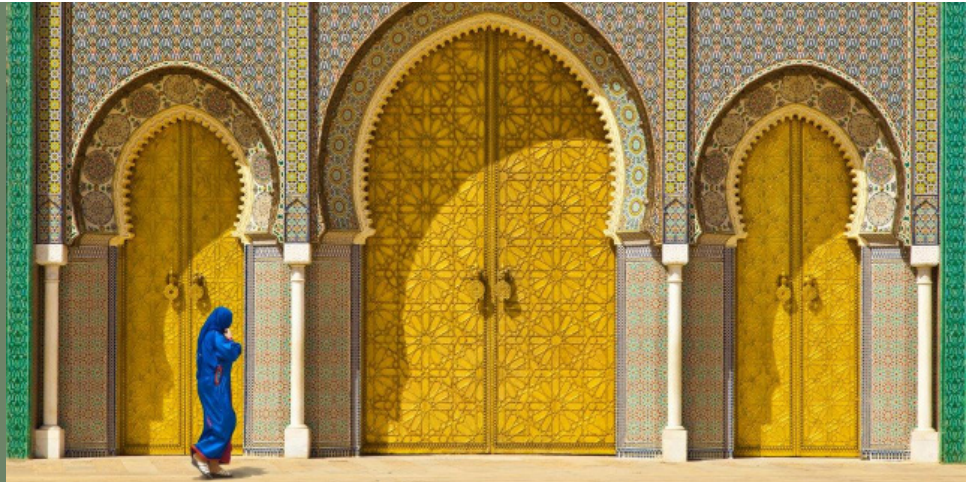


Saida Ezzahoui

Saida was born in the medieval city Fes and knows the city inside and out! She has a degree in English Literature from the University of Mohamed Ben Abdalah in Fes. After teaching English for many years, she worked with the United States Embassy in Rabat before becoming a tour guide.

Saida loves guiding because she meets new people with new ideas, which offers her the opportunity to discuss and explain to clients about Moroccan culture and traditions. In her free time, Saida likes to do embroidery, spend time with her family, cook, and go for walks.

NEXT STEPS



TO MAKE A RESERVATION

You can call Boundless Journeys at 800-941-8010, request a reservation online, or contact your travel agent. We will confirm your spot with a deposit of \$500 per person and the payment of internal airfare, payable by check or credit card.

ONCE YOU RESERVE

As soon as you confirm your adventure, we will provide you with an extensive, detailed trip planner that includes arrival and departure instructions, a complete packing list, regional information, required documents, a reading list, and other details.

CANCELLATION & REFUND POLICY

Please check our Terms & Conditions page on our website for our comprehensive cancellation and refund policies: www.boundlessjourneys.com/terms-and-conditions.

TRIP CANCELLATION INSURANCE

In addition to your detailed trip planner, we will email you a quote for Travel Guard trip insurance. Please let us know if you would like us to purchase a policy on your behalf. Boundless Journeys strongly recommends purchasing Trip Insurance.

QUESTIONS? WHICH TRIP IS RIGHT FOR YOU?

Adventure travel may involve exotic destinations, unusual levels of physical exertion, and activities that may be new to you. If you have any questions about the level of comfort, difficulty, or activities included on your trip, please call Boundless Journeys at 800-941-8010, or email us at info@boundlessjourneys.com. Our travel experts look forward to helping you select the perfect adventure.

VISIT US ONLINE

www.boundlessjourneys.com for:

- additional departures
- special promotions
- detailed itineraries
- inspiring photography
- guide bios

ENJOY FOOD & HIKING?

Check out. . .

- PERU: The Sacred Valley & Machu Picchu
- SLOVENIA: Julian Alps Hiking

EXTENDING YOUR TRIP?

Consider. . .

- ITALY: Discovering Puglia
- PORTUGAL: The Porto, the Douro Valley, & Lisbon Hiking

PREFER A PRIVATE TRIP?

The perfect option for alumni and family reunions, birthdays and anniversaries, or just to catch up with friends in fabulous destinations. Mark your calendar and leave the planning to us! Call our travel experts today: 800-941-8010.

BOUNDLESS BEYOND



RESPONSIBLE TRAVEL

At Boundless Journeys, our goal is to create meaningful experiences that protect the delicate ecosystems and attributes of every location we visit. We aim to educate our guests on the best responsible travel practices for each destination.

WE ARE COMMITTED TO

Making connections. Our local guides offer insider knowledge of their country, including tips on etiquette and customs. They facilitate meaningful interactions with the people and places we visit, such as dinner at the home of a local family. While you may arrive in a destination as a visitor, you leave with a deeper understanding and connection to each place.

Going local. Boundless Journeys' small group size stems from a desire to provide a more intimate traveler experience, giving us the freedom to move through the tight alleys of old towns on foot, eat and sleep at traditional guesthouses, participate in immersive cultural exchanges, and leave a smaller footprint on all of the locales we visit. This mobility allows us to support local economies directly, forging strong relationships with our partners and friends abroad as we return year after year.

Respecting people and the environment. We support organizations working to protect ecosystems and improve the livelihoods of local communities. On many of our trips, we explore stunning natural landscapes where conservation is of the utmost importance. As visitors, we practice Leave No Trace ethics and actively contribute to the conservation of parks and protected areas.

HOW YOU CAN HELP

Give back. Instead of receiving a Boundless Journeys t-shirt or water bottle, you can opt to donate the value of your gift to our travel scholarship fund, which will be awarded to a local student for an educational or service-based travel opportunity.

Learn more. Visit boundlessjourneys.com/responsible-travel to read more about how our values are reflected in our trip offerings. We also offer a selection of Resources for the Responsible Traveler, which suggests ways to tread lightly and ensure your journey has a positive impact.

Join us. Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge at travelersagainstoplastic.org.

CONSERVATION IN ACTION

Boundless Journeys is a proud member of the Adventure Travel and Trade Association, a global network of adventure seekers who believe in the protection and promotion of local communities and wilderness areas.

