

# England | HIKING COAST TO COAST

LAKES, MOORS, AND DALES | 10 DAYS

June 17-26, 2023

August 12-21, 2023



## TRIP ITINERARY



1.800.941.8010 | [www.boundlessjourneys.com](http://www.boundlessjourneys.com)

*How we deliver*

# THE WORLD'S GREAT ADVENTURES

**A passion for travel.** Simply put, we love to travel, and that infectious spirit is woven into every one of our journeys. Our staff travels the globe searching out hidden-gem inns and lodges, taste testing bistros, trattorias, and noodle stalls, and discovering the trails and plying the waterways of each remarkable destination. When we come home, we separate wheat from chaff, creating memorable adventures that will connect you with the very best qualities of each destination.

**Unique, award-winning itineraries.** Our flexible, hand-crafted journeys have received accolades from the world's most revered travel publications. Beginning from our appreciation for the world's most breathtaking and interesting destinations, we infuse our journeys with the elements of adventure and exploration that stimulate our souls and enliven our minds. Whether you are looking for a challenging physical expedition or a leisurely cultural exploration, Boundless Journeys has exceptional itineraries to match your sense of adventure.

**Insider connections.** There is simply no substitute for traveling with a knowledgeable insider, and our expert local guides will open doors for you that other travelers miss, like dinner with their extended family in Peru's Sacred Valley, or meeting an art scholar in Florence. Relationships developed over many years allow you to experience our destinations through a well-connected friend.

**Small groups.** Although the camaraderie of a group of like-minded travelers often enhances the journey, there can be too much of a good thing! We tread softly, and our average group size is just 8–10 guests, allowing us access to opportunities that would be unthinkable with a larger group.

**Flexibility to suit your travel style.** We offer both scheduled, small-group departures and custom journeys so that you can choose which works best for you. Not finding exactly what you are looking for? Let us customize a journey to fulfill your travel dreams.

**Customer service that goes the extra mile.** Having trouble finding flights that work for you? Want to surprise your traveling companion with a bottle of champagne at a tented camp in the Serengeti to celebrate an important milestone? There is no request that is too big—or too small—for our staff to handle. From your first call, we guide you through choosing your trip, provide advice on preparing for your adventure, and hold your hand until you return home.



Multi-year recipient of *Travel + Leisure* magazine's "World's Best Tour Operator"; and recognized by the editors of *National Geographic ADVENTURE* magazine as one of the **Best Adventure Travel Companies on Earth**.



# England | HIKING COAST TO COAST

Thank you for your interest in this fantastic journey to northern England. We have hand-crafted this tour from our own experience and hope you fall in love with the area—as we have!

## THE INSPIRATION FOR THIS JOURNEY

Hike the highlights of Alfred Wainwright's Coast to Coast walk across the north of England, while occasionally venturing off the trodden path in the spirit of Wainwright himself! This classic route crosses the lush hills and waters of the Lake District, continues into the idyllic landscape of the Yorkshire Dales, wends through golden meadows and fields of heather in the North York Moors, and ends at Robin Hood's Bay on the North Sea.

Along the way, we explore quintessential towns, rural villages, and bucolic farmlands. We watch farmers work their sheepdogs, learn about the history of mining and agriculture in the region, immerse ourselves in the literary traditions of Wainwright and Wordsworth, explore the striking ruins of 12th-century abbeys, and enjoy tea (or a pint of ale!) in traditional English pubs on our route.

## HIGHLIGHTS

- Following in the footsteps of Wainwright as we hike the most scenic sections of the Coast to Coast Trail
- Exploring the striking ruins of 12th century Rievaulx Abbey and Dove Cottage, the home of poet William Wordsworth
- Watching a working sheepdog demonstration, sampling local cheese and traditional English tea, and indulging in a pint at a local pub

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# TOUR OVERVIEW



## THE BASICS

Duration:	10-day trip
Tour start:	Penrith, England
Tour end:	York, England
Accommodations:	9 nights in charming inns and hotels
Trip rating:	1      2 <b>3+</b> 4      5 Easy . . . . . Strenuous (See page 11 for more details)

2023 Land cost: \$6,695 per person\*

Single Supplement: First two per departure: \$95  
Additional: \$595 (Must reserve at least 120 days ahead)



## WHAT'S INCLUDED

Just pack your bags—we've got you covered! When you're on a Boundless Journeys adventure, every detail is taken care of for you, so you can relax and truly experience each moment. Put your wallet away, leave your travel books behind, fold up your maps, and BE there. Your Boundless Journeys adventure includes:

- Expert leadership
- All accommodations
- All on-tour transportation
- All meals as noted in the itinerary, except dinner on Day 2 and lunch on Day 6
- Local beer and wine with included dinners
- All gratuities except for those for your guide and driver, which are at your discretion
- Activities as noted in the itinerary
- Explorers Club savings on your next scheduled, small-group trip (conditions apply)

International airfare is not included in the price of your trip. Please contact your local travel agency or the airlines directly to make any arrangements you may need. If you would like assistance with booking your flights or other travel plans, please contact Boundless Journeys directly at (800) 941-8010 for a referral to our partners who will best fulfill your needs.



## ITINERARY AT-A-GLANCE

### DAY 1

The Lake District. Meet our guide in Penrith. Hike from St. Bees to Tarn Flatt Farm.

### DAY 2

The Lake District. Hike Honister to Derwentwater. Boat trip across Derwentwater back to Keswick.

### DAY 3

The Lake District. Transfer to Grasmere. Visit Dove Cottage and the gingerbread shop. Hike Grasmere to Glenridding.

### DAY 4

The Yorkshire Dales. Transfer to the hamlet of Oddendale. Hike to Sunbiggin Tarn.

### DAY 5

The Yorkshire Dales. Hike through Swaledale Valley from Keld to Low Row. Tea and cake at Muker Tea Room. Sheepdog demonstration.

### DAY 6

The Yorkshire Dales. Private cheesemaking demonstration at the Wensleydale Creamery. Transfer to Richmond to explore the town and castle. Hike Richmond to St. Giles.

### DAY 7

North York Moors. Visit Rievaulx Abbey. Hike to the village of Helmsley. Visit Helmsley Castle.

### DAY 8

North York Moors. Transfer to Clay Bank Top. Hike Clay Bank Top to Blakey Ridge.

### DAY 9

North York Moors. Hike from Hawsker along the coast to Robin Hood's Bay. Transfer to Whitby.

### DAY 10

Transfer to York and depart.

**PLEASE NOTE:** *This is a typical itinerary, and actual activities may vary to take advantage of weather conditions, local events, and to allow serendipity to play a hand in your experience. See our terms and conditions for more information about our change policy.*



# THE JOURNEY



## DAY 1: St. Bees to Tarn Flatt

**Activity Overview:** Hiking

**Activity Level:** Easy, elevation gain 400' and loss 250'

**Activity Length:** 3-4 miles

Welcome to northern England! We meet in Penrith late this morning for a 1.5 hour transfer to St. Bees on the west coast, the start of Wainwright's classic Coast to Coast hiking route. En route, we stop for lunch and a brief trip orientation from our guide. After dipping our toes in the Irish Sea—a Coast to Coast tradition!—we hike up and along the rocky coastline, eventually heading inland to Tarn Flatt Farm. From there, we transfer to Great Clifton for a celebratory welcome dinner and overnight.

**Accommodation:** Melbreak Hotel, Great Clifton

**Meals:** L, D

## DAY 2: Honister to Derwentwater

**Activity Overview:** Hiking

**Activity Level:** Moderate, elevation gain 500' and loss 1,400'

**Activity Length:** 7 miles

The terrain gets a bit more challenging today as we depart the coast and head into the mountainous Lake District, transferring to Honister Slate Mine—the last working slate mine in England.

Our hike takes us into the beautiful Borrowdale Valley, which Alfred Wainwright called, “the fairest valley in the Lake District.” Following a path along the banks of the wending Derwent River, we walk to Hawes End on the shores of Derwentwater. Here, we board a launch that will take us over the lake to Keswick in style.

The market town of Keswick is lovely and lively, with plenty of restaurants and pubs from which to choose. The evening is free to explore the charming streets and enjoy dinner at your leisure.

**Accommodation:** Inn on the Square, Keswick

**Meals:** B, L

## DAY 3: Grasmere to Glenridding

**Activity Overview:** Hiking

**Activity Level:** Moderately strenuous, elevation gain 2,200' and loss 1,900'

**Activity Length:** About 9 miles

Our start time is a bit earlier this morning since we have a full day ahead of us! We begin with a short transfer to Grasmere, now truly in the heart of the Lake District National Park. Upon arrival, we visit Dove Cottage, the home of beloved English poet William Wordsworth. The cottage houses the Wordsworth Museum, which offers insight into what daily life would have been like for Wordsworth and his family in the late 1700s. We stop at Grasmere's tiny (yet famous) gingerbread shop, which is well worth a visit and a sample!

Today's hike departs from Grasmere, and the terrain includes a mix of stone steps, dirt singletrack, and bedrock as we make our way toward Glenridding. Our route passes close to Helvellyn, one of England's highest and most beautiful peaks, and we walk directly to our accommodation for the evening—the Inn on the Lake, situated on the shores of Ullswater. There is time to relax and enjoy the view before dining together this evening.

**Accommodation:** Inn on the Lake, Glenridding

**Meals:** B, L, D



## DAY 4: Oddendale to Sunbiggin Tarn

**Activity Overview:** Hiking

**Activity Level:** Moderate, elevation gain 800' and loss 1,000'

**Activity Length:** About 9 miles

We transfer about one hour to the small historic hamlet of Oddendale in the Yorkshire Dales for the start of our hike. Now out of the Lake District, the scenery changes to rolling pastures, stone barns, wildflower meadows, and traditional dry stone walls.

Near Crosby Ravensworth Fell, we pass an ancient stone circle and Robin Hood's grave, named for the legendary character in English folklore. We cross the Great Asby Scar, traversing natural limestone pavement that dominates the upland area between the villages of Orton and Great Asby.

Surrounded by rolling hills, we end at Sunbiggin Tarn. A short transfer takes us to Hawes for dinner and our accommodation for the next two nights.

**Accommodation:** The Stone House Hotel, Hawes

**Meals:** B, L, D

## DAY 5: Keld to Low Row

**Activity Overview:** Hiking

**Activity Level:** Moderate, elevation gain 750' and loss 1,000'

**Activity Length:** About 8 miles

Today's hike begins in Keld, which is the halfway mark of the 192 mile-long Coast to Coast Trail. We walk through the beautiful Swaledale Valley, surrounded once again by meadows and views of grazing sheep in pastures. Along the way, we stop at the quaint Muker Tea Room for tea and

cake before continuing to our stopping point in Low Row, a quintessentially English countryside village.

En route back to Hawes, we stop at a local farm for a working sheepdog demonstration by the farmer and his border collies, a breed that originated on the border of England and Scotland in the early 1980s.

**Accommodations:** The Stone House Hotel, Hawes

**Meals:** B, L, D

## DAY 6: Richmond to St. Giles

**Activity Overview:** Hiking

**Activity Level:** Easy, elevation gain 200' and loss 200'

**Activity Length:** About 4 miles

Our day begins with a visit to Wensleydale Creamery, known for their wide assortment of local cheeses. We have a private cheesemaking demonstration followed by time to browse in the shop and sample the products.

Afterward, we head to the town of Richmond. Here, we have leisure time to enjoy lunch, explore the town, and visit historic Richmond Castle, one of the greatest Norman fortresses in Britain.

In the mid-afternoon, we reconvene and depart Richmond for St. Giles. Our hike follows along the beautiful banks of the River Swale. From St. Giles, we transfer to Hawnby for the evening.

**Accommodations:** The Feathers Hotel, Helmsley

**Meals:** B, D



## DAY 7: Rievaulx Abbey

**Activity Overview:** Hiking

**Activity Level:** Easy, elevation gain 300' and loss 400'

**Activity Length:** About 3 miles

Rievaulx Abbey was one of England's most powerful Cistercian monasteries and the first in northern England. We explore the ruins this morning, learning about the dramatic rise and fall of the abbey and how it was used over the centuries. There is also time to relax on the beautiful grounds, perhaps enjoy a cup of tea and view previously unseen artifacts in a small onsite museum.

Departing directly from the abbey, we walk into a remote valley on the edge of the North York Moors National Park. Upon arrival in Helmsley, a picturesque village in the Ryedale District, we visit the remains of Helmsley Castle and have time for some souvenir shopping before transferring back to our hotel for the evening.

**Accommodations:** The Feathers Hotel, Helmsley

**Meals:** B, L, D

## DAY 8: Clay Bank Top to Blakey Ridge

**Activity Overview:** Hiking

**Activity Level:** Moderate, elevation gain 1,000' and loss 600'

**Activity Length:** 8-9 miles

Now in the North York Moors, we begin at Clay Bank Top and follow a trail that meanders through heather-clad hillsides and over Round Hill, eventually following what was once an old railway track used by the mining industry until the 1920s. Our hike takes us to Blakey Ridge, where we can reward ourselves with a pint (or two!) in a traditional pub that dates back to the 16th century.

We transfer just under an hour to Goathland for dinner and our accommodation for the evening.

**Accommodations:** Mallyan Spout, Goathland

**Meals:** B, L, D

## DAY 9: Hawsker to Robin Hood's Bay

**Activity Overview:** Hiking

**Activity Level:** Easy, elevation gain 550' and loss 900'

**Activity Length:** 3 miles

We start our final hike at nearby Hawsker. The trail takes us across rural pastures and on to a clifftop path, which follows the coastline to our end point in the charming village of Robin Hood's Bay, nestled under the cliffs of England's east coast looking out to the North Sea.

After spending some time exploring the colorful streets and enjoying a traditional lunch of fish and chips, we drive to the traditional seaside vacation town of Whitby. Here, there is the chance to scale the 199 steps that lead to Whitby Abbey, high on the cliffs above the town, or descend to explore the many wonderful shops. We gather for a final celebratory dinner together this evening.

**Accommodations:** White Horse & Griffin Inn, Whitby

**Meals:** B, L, D

## DAY 10: York and Departure

After breakfast, we transfer about two hours to the train station in York and say farewell as we depart for home or on to independent travels.

**Meals:** B



# ACCOMMODATIONS

We stay in locally-owned inns and guesthouses on this journey. In northern England, rooms with two beds are almost always two single beds, rather than two queen or full beds as is common in larger hotel chains. Rooms with one shared bed may occasionally have a full bed rather than a queen or king, though we do our best to secure the largest beds available.



## NIGHT 1

### Melbreak Hotel

Great Clifton, England

Tel: +44-01900-61443 | [info@melbreakhotel.co.uk](mailto:info@melbreakhotel.co.uk)

Situated on the western end of the Lake District, the Melbreak Hotel offers panoramic views of the Loweswater Valley and mountains beyond. Onsite amenities include a lounge bar and the Conservatory Restaurant.



## NIGHT 2

### Inn on the Square

Keswick, England

Tel: +44-017687-73333 | [innonthesquare@lakedistricthotels.net](mailto:innonthesquare@lakedistricthotels.net)

Centrally-located on Keswick's market square, the Inn on the Square is a family-run hotel with modern, Scandinavian-inspired design.



## NIGHT 3

### Inn on the Lake

Glenridding, England

Tel: +44-017684-82444 | [innonthelake@lakedistricthotels.net](mailto:innonthelake@lakedistricthotels.net)

The Inn on the Lake is located on the shores of Ullswater, surrounded by 15 acres of beautiful grounds. An onsite restaurant, golf course, and croquet lawn make the most of this picturesque location.



## NIGHTS 4 & 5

### **The Stone House Hotel**

Hawes, England

Tel: +44-01969-667571 | [reception@stonehousehotel.co.uk](mailto:reception@stonehousehotel.co.uk)

The Stone House is a classic country house built in 1908 near the charming market town of Hawes. It retains the atmosphere and furnishings of an elegant family home in the beautiful Yorkshire Dales National Park.



## NIGHTS 6 & 7

### **The Feathers Hotel**

Helmsley, England

Tel: +44-01858-438300 | [feathers@innmail.co.uk](mailto:feathers@innmail.co.uk)

This 16th century coaching inn offers warming fires in winter, a large courtyard in summer, and superb seasonal menus that showcases the very best of North Yorkshire and beyond. The in house coffee shop and bar are convenient and full of charm.



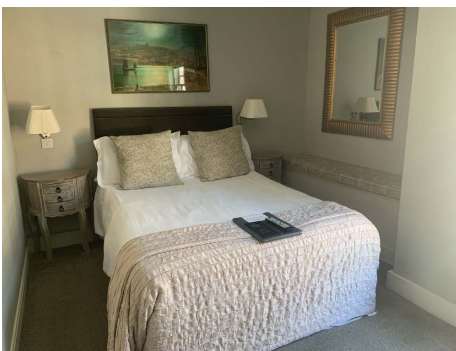
## NIGHT 8

### **Mallyan Spout**

Goathland, England

Tel: +44-01947-896486 | [info@mallyanspout.co.uk](mailto:info@mallyanspout.co.uk)

The Mallyan Spout, named for a waterfall located behind the hotel, is a 19th-century country house located in the North York Moors. The property has modern rooms, an onsite restaurant, two bars, and extensive gardens.



## NIGHT 9

### **White Horse & Griffin Inn**

Whitby, England

Tel: +44-1947-604857 | [whitehorseandgriffin.com](http://whitehorseandgriffin.com)

The White Horse and Griffin Inn is one of the most iconic and charismatic properties in Whitby. Built in 1681, it was used as a meeting place for explorers Captain James Cook and William Scoresby. Careful restoration after years of neglect allowed the inn to re-open in 1993, its history and original decorative detail remarkably well-preserved.

# WHAT TO EXPECT



## TRIP RATING

Boundless Journeys' trips are designed for active individuals who have a spirit of adventure and a positive attitude. England: Hiking Coast to Coast is rated 3+, moderate with some strenuous days, on a scale of 1-5 (with 5 being the most strenuous). This adventure is designed to be enjoyed by avid hikers, and rugged terrain in England's Lake District requires agility and stable footing. Days 2-5 are particularly mileage heavy, and guests should be prepared for consecutive days of hiking 7-9 miles. All hikes are conducted at a leisurely pace.

The terrain we encounter in northern England is a mixture of dirt paths, rocky trails, and stone stairs. The beginning of our trip is mountainous and rugged, and then becomes more rolling with flat sections as we move into the moors and dales. Daily ascents and descents typically range between 500 and 2000 feet. You will likely encounter roots, rocks, mud, and loose gravel. It is important that you are aerobically fit and have good balance, and we strongly suggest bringing hiking poles.

## PREPARING FOR THIS TRIP

It is very important that you realistically assess your physical condition with regard to the demands of this trip, and consult your doctor regarding any concerns. The more prepared you are for the activities, the more you will enjoy yourself. As a general guideline, we suggest regularly engaging in aerobic activities (such as walking, jogging, or cycling) in the months leading up to the trip. If you live in a flat area, try to incorporate some stairs into your workout, or use a treadmill with varying incline capability. Of course, nothing can beat training by hiking! We recommend spending consecutive

days on your local trails whenever possible in preparation for your journey. Please contact us if you have any doubts regarding your physical match with this tour.

## WEATHER

England's weather conditions can vary greatly, even in the course of a single afternoon. It is not uncommon to have deep blue skies followed by clouds and rain. Therefore, it is essential to be prepared for a variety of conditions—including dressing in layers and wearing quick-drying clothing. Waterproof hiking boots, jacket, and pants are essential as you will likely encounter water and mud along the trails.

### AVERAGE TEMPERATURE °F (HIGH/LOW)

	JUNE	JULY	SEPTEMBER
Keswick	64/49	68/53	62/48
York	66/49	70/53	64/49

You may obtain more detailed weather information on [www.weatherbase.com](http://www.weatherbase.com).

## TRAVELER'S RESPONSIBILITY

As a trip participant, you have responsibilities to Boundless Journeys, your fellow travelers and guide, and the local people you encounter. This includes understanding and preparing for the conditions described in the itinerary, ensuring it meets your interests and abilities, and following the health and safety guidelines of Boundless Journeys, local authorities, and/or the CDC. At their discretion, a guide may ask a guest to leave the trip if further participation may be detrimental to the individual or other participants.





We strongly urge any guest feeling ill shortly before departure to cancel their trip. To help cover your investment, we highly recommend purchasing travel insurance with supplemental “Cancel for Any Reason” coverage. If you feel unwell during the tour, please immediately inform your guide, who can help take the appropriate next steps. We appreciate your cooperation.

### SMALL GROUP TRAVEL

Small group travel affords us the opportunity to seek out the most remote and exotic destinations on the planet. Often we are exploring these locales with just 6-10 guests. The nature of active group travel is such that not all participants have the same ability level or interests. Traveling at a pace that is comfortable for the entire group, with a spirit of flexibility and adventure are all part of this intimate experience.

### DRINKS WITH MEALS

At Boundless Journeys we believe group dinners are a time to celebrate our day, while enjoying the best of local cuisine, and good company. In keeping with this spirit, we typically include local beer and wine with group dinners. If you prefer premium wine, or liquor, please feel free to order what you like, and you may settle your tab at the end of the meal.

### DRINKING WATER

We provide purified or bottled water on all trips; however, in an effort to reduce waste, we strongly encourage you to bring a water bottle to refill where safe to do so. This will be the case in much of Europe, as well as a few other destinations, where tap water is safe to drink

Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge, too, and learn more about TAP’s efforts at [www.travelersagainstplastic.org](http://www.travelersagainstplastic.org).

### CUISINE

English cuisine has come a long way in the past decades, from a time when fish and chips, stews, and meat pies were the only items to be found on the menu. These classic dishes are still quite common in northern England, but modern cuisine has grown from these traditions and often includes fresh local seafood, meat, and vegetables.

Please inform us of any specific dietary restrictions and we will do our best to accommodate you. Please call our office with any questions or concerns about our ability to meet your needs.

### TRANSPORTATION

All on-tour transportation is provided in private, air-conditioned, passenger vans.

# OUR ENGLAND TEAM

## TRIP MANAGER



### **Bryan Haggerty**

Bryan began his expat career twenty years ago with a semester abroad in Christchurch, New Zealand and never looked back. After fifteen years managing international travel operations in Southeast Asia, Bryan returned to Vermont to raise his family and join the Boundless Journeys home team in 2022. His portfolio includes England, New Zealand, Spain, Peru, Vermont, and our Alpe Adria trip. The son of a chef, Bryan's love for food and cheer was instilled at an early age in his family's restaurant. When not designing epic trips for clients and friends, you'll find Bryan skiing or biking in the Green Mountains with his family and golden retriever, Leo.

## GUIDES

With a Boundless Journeys guide, your experience is that of friend and local adventurer. We believe strongly in working with local guides, experts in the areas to which we travel, and they hold the keys to unlocking the hidden delights of your chosen destination. Although you will never know they are at work—the mark of a truly great leader—our guides make magical things happen and add a dimension to your trip that you could not experience on your own.

Over the years we have forged bonds with some of the best guides in the world, and we typically work with a small team of guides in each region. You will be informed of the guide for your trip one month prior to your departure.



### **Jason Preston**

A lake district local, Jason was a teacher for over twenty years before changing the course of his professional journey. Driven by his love for the great outdoors, he made the decision to become a professional guide and hasn't looked back since. Jason has hiked, biked, and climbed his way across the European continent - yet the UK still tops the list as his favorite place to explore. For him, there is simply nothing that matches the combination of fascinating history and natural beauty found in his backyard, and he loves nothing more than sharing this excitement with visitors.

# NEXT STEPS



## TO MAKE A RESERVATION

You can call Boundless Journeys at 800-941-8010, request a reservation online, or contact your travel agent. We will confirm your spot with a deposit of \$500 per person and the payment of internal airfare, payable by check or credit card.

## ONCE YOU RESERVE

As soon as you confirm your adventure, we will provide you with an extensive, detailed trip planner that includes arrival and departure instructions, a complete packing list, regional information, required documents, a reading list, and other details.

## CANCELLATION & REFUND POLICY

Please check our Terms & Conditions page on our website for our comprehensive cancellation and refund policies: [www.boundlessjourneys.com/terms-and-conditions](http://www.boundlessjourneys.com/terms-and-conditions).

## TRIP CANCELLATION INSURANCE

In addition to your detailed trip planner, we will email you a quote for Travel Guard trip insurance. Please let us know if you would like us to purchase a policy on your behalf. Boundless Journeys strongly recommends purchasing Trip Insurance.

## QUESTIONS? WHICH TRIP IS RIGHT FOR YOU?

Adventure travel may involve exotic destinations, unusual levels of physical exertion, and activities that may be new to you. If you have any questions about the level of comfort, difficulty, or activities included on your trip, please call Boundless Journeys at 800-941-8010, or email us at [info@boundlessjourneys.com](mailto:info@boundlessjourneys.com). Our travel experts look forward to helping you select the perfect adventure.

## VISIT US ONLINE

[boundlessjourneys.com](http://boundlessjourneys.com) for:

- additional departures
- special promotions
- detailed itineraries
- inspiring photography
- guide bios

## ENJOY FOOD & WINE?

Check out. . .

- SPAIN: Hiking the Camino de Santiago
- SLOVENIA: Julian Alps Hiking

## EXTENDING YOUR TRIP?

Consider. . .

- SCOTLAND: Highlands and Islands Hiking

## PREFER A PRIVATE TRIP?

The perfect option for alumni and family reunions, birthdays and anniversaries, or just to catch up with friends in fabulous destinations. Mark your calendar and leave the planning to us! Call our travel experts today: 800-941-8010.



# BOUNDLESS BEYOND



## RESPONSIBLE TRAVEL

At Boundless Journeys, our goal is to create meaningful experiences that protect the delicate ecosystems and attributes of every location we visit. We aim to educate our guests on the best responsible travel practices for each destination.

## WE ARE COMMITTED TO

**Making connections.** Our local guides offer insider knowledge of their country, including tips on etiquette and customs. They facilitate meaningful interactions with the people and places we visit, such as dinner at the home of a local family. While you may arrive in a destination as a visitor, you leave with a deeper understanding and connection to each place.

**Going local.** Boundless Journeys' small group size stems from a desire to provide a more intimate traveler experience, giving us the freedom to move through the tight alleys of old towns on foot, eat and sleep at traditional guesthouses, participate in immersive cultural exchanges, and leave a smaller footprint on all of the locales we visit. This mobility allows us to support local economies directly, forging strong relationships with our partners and friends abroad as we return year after year.

**Respecting people and the environment.** We support organizations working to protect ecosystems and improve the livelihoods of local communities. On many of our trips, we explore stunning natural landscapes where conservation is of the utmost importance. As visitors, we practice Leave No Trace ethics and actively contribute to the conservation of parks and protected areas.

## HOW YOU CAN HELP

**Give back.** Instead of receiving a Boundless Journeys t-shirt or water bottle, you can opt to donate the value of your gift to our travel scholarship fund, which will be awarded to a local student for an educational or service-based travel opportunity.

**Learn more.** Visit [boundlessjourneys.com/responsible-travel](https://boundlessjourneys.com/responsible-travel) to read more about how our values are reflected in our trip offerings. We also offer a selection of Resources for the Responsible Traveler, which suggests ways to tread lightly and ensure your journey has a positive impact.

**Join us.** Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge at [travelersagainstplastic.org](https://travelersagainstplastic.org).

## CONSERVATION IN ACTION

Boundless Journeys is a proud member of the Adventure Travel and Trade Association, a global network of adventure seekers who believe in the protection and promotion of local communities and wilderness areas.

