Peru | LODGE-TO-LODGE SALKANTAY TREK

ANDES HIKING ADVENTURE | 9 DAYS

July 12-20, 2021
August 9-17, 2021
Additional dates available upon request

TRIP ITINERARY

Boundless JOURNEYS

1.800.941.8010 | www.boundlessjourneys.com

How we deliver

THE WORLD'S GREAT ADVENTURES

A passion for travel. Simply put, we love to travel, and that infectious spirit is woven into every one of our journeys. Our staff travels the globe searching out hidden-gem inns and lodges, taste testing bistros, trattorias, and noodle stalls, and discovering the trails and plying the waterways of each remarkable destination. When we come home, we separate wheat from chaff, creating memorable adventures that will connect you with the very best qualities of each destination.

Unique, award-winning itineraries. Our flexible, hand-crafted journeys have received accolades from the world's most revered travel publications. Beginning from our appreciation for the world's most breathtaking and interesting destinations, we infuse our journeys with the elements of adventure and exploration that stimulate our souls and enliven our minds. Whether you are looking for a challenging physical expedition or a leisurely cultural exploration, Boundless Journeys has exceptional itineraries to match your sense of adventure.

Insider connections. There is simply no substitute for traveling with a knowledgeable insider, and our expert local guides will open doors for you that other travelers miss, like dinner with their extended family in Peru's Sacred Valley, or meeting an art scholar in Florence. Relationships developed over many years allow you to experience our destinations through a well-connected friend.

Small groups. Although the camaraderie of a group of like-minded travelers often enhances the journey, there can be too much of a good thing! We tread softly, and our average group size is just 8–10 guests, allowing us access to opportunities that would be unthinkable with a larger group.

Flexibility to suit your travel style. We offer both scheduled, small-group departures and custom journeys so that you can choose which works best for you. Not finding exactly what you are looking for? Let us customize a journey to fulfill your travel dreams.

Customer service that goes the extra mile. Having trouble finding flights that work for you? Want to surprise your traveling companion with a bottle of champagne at a tented camp in the Serengeti to celebrate an important milestone? There is no request that is too big—or too small—for our staff to handle. From your first call, we guide you through choosing your trip, provide advice on preparing for your adventure, and hold your hand until you return home.

Multi-year recipient of *Travel + Leisure* magazine's **"World's Best Tour Operator"**; and recognized by the editors of *National Geographic ADVENTURE* magazine as one of the **Best Adventure Travel Companies on Earth.**

Peru | LODGE-TO-LODGE SALKANTAY TREK

Thank you for your interest in this fantastic journey on Peru's Salkantay Trail. We have hand-crafted this tour from our own experience and hope you fall in love with the area—as we have!

TOUR OVERVIEW..... 4

THE JOURNEY.....6

ACCOMMODATIONS 10

WHAT TO EXPECT.....12

OUR PERU TEAM 15

OPTIONAL
AMAZON EXTENSION 16

NEXT STEPS 17

BOUNDLESS BEYOND.....18

THE INSPIRATION FOR THIS JOURNEY

A single day of hiking in the Andes will surely create indelible memories—9 days may change you forever. Our adventure begins and ends in Cusco, a center of ancient culture, exploring the Inca and Spanish colonial riches in and around the city. After a few day hikes to acclimatize to the elevation, we begin our trek along the Salkantay Inca Trail, the road less traveled to the lost city of the Incas. Here, we experience the local Quechuan culture, learning about traditional culinary and farming practices that have existed for centuries in these remote mountain valleys.

Our route winds through the Cordillera Vilcabamba, a spectacular Andean mountain range, before plunging into green, forested canyons. See why the majestic peaks, with their emerald-colored glacial lakes, inspired awe among the local people who consider them gods. At night, retire to luxurious mountain lodges to sip a pisco sour by the fire, soak in a scenic outdoor Jacuzzi, and enjoy gourmet meals prepared by skilled lodge chefs. Finally, our Salkantay Inca Trail trek culminates as any trip to Peru should: with a visit to the famed, lost city of Machu Picchu.

HIGHLIGHTS

- Exploring the UNESCO World Heritage Site of Cusco, with its modern Peruvian cuisine, lively squares and celebrations, Quechua history, and Spanish colonial architecture
- Trekking on remote trails to Machu Picchu through nine bio-zones, past towering peaks, glacial lakes, and breathtaking Salkantay Mountain, and into the cloud forest amidst banana, avocado, and coffee plantations
- Relaxing at remote, eco-lodges with gourmet cuisine, warm Peruvian hospitality, outdoor hot tubs, and pisco sours by the fire

TOUR OVERVIEW

THE BASICS

Duration:	9-day trip
Tour start:	Cusco
Tour end:	Cusco
Accommodations:	3 nights first-class hotels, 5 nights deluxe lodges
Trip rating:	1 2 3 **4+** 5 Easy . . . . . .Strenuous (See page 12 for more details)
Land cost:	$5,195 per person (2020 price**)
Single Supplement:	First one per departure: $1,335* Additional singles: $1,835 *Must reserve at least 120 days ahead

***For bookings received prior to 2021 pricing being set, Boundless Journeys will cover the first 5% of any price increase and will only ask travelers to pay the amount beyond a 5% increase.*

WHAT'S INCLUDED

Just pack your bags—we've got you covered! When you're on a Boundless Journeys adventure, every detail is taken care of for you, so you can relax and truly experience each moment. Put your wallet away, leave your travel books behind, fold up your maps, and BE there. Your Boundless Journeys adventure includes:

- Expert leadership
- All accommodations
- Fully supported trek, including porterage by horse
- All meals except one dinner (night 8)
- All transportation during the tour
- Archeological site entrance fees
- All gratuities except for those for your guide and driver, which are at your discretion
- All activities as noted in the itinerary
- Explorers Club savings on your next scheduled, small-group trip (conditions apply)

International airfare is not included in the price of your trip. Please contact your local travel agency or the airlines directly to make any arrangements you may need. If you would like assistance with booking your flights or other travel plans, please contact Boundless Journeys directly at 800-941-8010 for a referral to our partners who will best fulfill your needs.

ITINERARY AT-A-GLANCE

DAY 1
Afternoon city tour of Cusco and exploration of Sacsayhuaman. Trekking briefing followed by welcome dinner with Cusco guide.

DAY 2
Transfer west, breaking to explore the Inca ruins of Tarawasi. Acclimatization hike along the Camino Real to Salkantay Lodge.

DAY 3
Acclimatization hike to Lake Humantay. Return to Salkantay Lodge for an afternoon at leisure.

DAY 4
Hike up the Rio Blanco valley and over Salkantay Pass, with views of the Vilcabamba Range's snow-capped peaks. Descend toward Wayra Lodge.

DAY 5
Hike along the Salkantay River through verdant cloud forest. Arrive at Colpa Lodge for a traditional Pachamanca meal. Afternoon at leisure.

DAY 6
Hike along the Santa Teresa River Valley, passing through fruit orchards and coffee plantations. Hike the newly restored Llactapata Inca Trail to Lucma Lodge, breaking to tour an organic coffee plantation.

DAY 7
Uphill hike through Llactapata Pass, with views of the Machu Picchu Sanctuary. Explore the ruins at Llactapata, and make a final descent toward the Aobamba River. Transfer to Aguas Calientes for a celebratory dinner.

DAY 8
Early morning transfer to the Machu Picchu citadel for exploration and guided tour. Optional hike to Huayna Picchu or Machu Picchu Mountain. Return to Cusco this evening.

DAY 9
Leisurely morning in Cusco. Departure.

THE JOURNEY

DAY 1: Cusco city tour; Sacsayhuaman

Activity Overview: Walking
Activity Level: Easy to moderate
Activity Length: 2-3 hours

After a group lunch and brief orientation, we begin our exploration of the land of the Incas in the city of Cusco (11,150'), a name taken from the Quechua word for "naval" or "center." Here, dramatic Spanish colonial architecture blends with solid Inca masonry in a harmony belying a tumultuous history. Beautiful cathedrals abound, often built directly on top of ancient Inca temples. The juxtaposition of pagan and Christian art and architecture is fascinating.

After our introduction to Cusco, we drive to the countryside for a walk at the impressive site of Sacsayhuaman, where we encounter our first example of the huge boulders the Incas used in their constructions. The stonework of the Incas is unsurpassed by that of any other culture. Massive rocks were painstakingly ground to fit so perfectly together that no mortar was needed, and many walls have remained for over 500 years in spite of tremors that sometimes occur in the area. It is mind-boggling to think of the work that went into producing these temples and fortresses.

We have some time to relax and freshen up at our 16th-century Cusco hotel, which offers colonial style melded with modern comforts, a beautiful courtyard, authentic cuisine, and welcoming staff. This evening, your guide will accompany you to a short briefing with your trekking guide and group at a nearby hotel before dining at one of our favorite restaurants while enjoying traditional music.

Accommodation: Hotel Novotel, Cusco
Meals: L, D

DAY 2: Cusco to Salkantay Lodge

Activity Overview: Hiking
Activity Level: Moderate, with 1689' elevation gain; beginning elevation: 11,001', highest elevation: 12,690', end/lodge elevation: 12,690'
Activity Length: 4-5 hours, (5 miles)

After an early breakfast, we take a private transfer (about 1.5 hours) toward the Quechan town of Limatambo. Along the way, we take a short break to visit the Inca ruins of Tarawasi, a ceremonial center that serves as the resting place of the famed Inca *chasquis*, or runners, who delivered messages over long distances. The site's retaining wall is still intact and known for its 28 human-sized niches and interlocking stones.

We leave Limatambo and pass through the mountain village of Mollepata, where we stop for a short coffee break and to experience the village's bustlng weekly market. From here, our drive continues for 30 minutes along a winding mountain road to a place called Marcoccasa, the base for our trek today toward Soraypampa and Salkantay Lodge. Our wide, rocky path follows an old route known as the *Camino Real* (the Royal Path) and offers the opportunity to further acclimatize while enjoying the rugged yet beautiful scenery of the Andes.

We enjoy a trailside picnic lunch before continuing towards the majestic Mt. Humantay, which towers over Salkantay Lodge. Upon arrival at the lodge, we receive a warm welcome with local tea and snacks from the friendly staff of our home for the next two nights. The lodge takes its name from the majestic peak at the head of the valley, Mount Salkantay, one of the most sacred mountains in Inca mythology and,

"This trip exceeded my expectations in every way, and I feel like a richer person for having experienced it. Thank you again for another life-changing experience!"
—S.G., Rochester, NY

at 20,600', the highest in the region. We have time to settle into our rooms and explore our new haven. This evening, our guide holds a briefing by the fireplace for tomorrow's hike, after which we enjoy a delicious Peruvian dinner at our cozy mountain lodge.

Accommodation: Salkantay Lodge
Meals: B, L, D

DAY 3: Humantay Lake

Activity Overview: Hiking
Activity Level: Moderate to strenuous, with 155' elevation gain/loss; beginning elevation: 12,690', highest elevation: 13,625', end/lodge elevation: 12,690'
Activity Length: 4 hours (4 miles)

Our acclimatization hike today takes place on the slopes above Salkantay Lodge. Here, our trail turns toward Lake Humantay, a crystal clear green gem surrounded by towering Andean peaks. The lake is fed by the hanging glaciers of Mount Humantay, and the views of the surrounding area are breathtaking. Those who are feeling brave enough may even choose to go for a dip.

We return to the lodge for lunch and the rest of the afternoon is at our leisure. You may wish to forego your icy glacial swim in favor of a relaxing soak in the lodge's scenic outdoor hot tub or a steam in the sauna lined with eucalyptus leaves.

This evening, we spend another night at Salkantay Lodge, enjoying a gourmet dinner and warm, comfortable beds. Before turning in, our guide briefs us on our gear and trekking itinerary for the following day.

Accommodation: Salkantay Lodge
Meals: B, L, D

DAY 4: Salkantay Pass to Wayra Lodge

Activity Overview: Hiking
Activity Level: Strenuous with 2,525' elevation gain, 2,401' elevation loss; beginning elevation: 12,690', highest elevation: 15,213', end/lodge elevation: 12,812'
Activity Length: 6-8 hours (8 miles)

Get ready to lace up your hiking boots this morning to tackle one of the biggest days of our trek. After an early breakfast, we hike up the Rio Blanco valley, circling Humantay Peak across from Salkantay Peak.

The hike is challenging, but the reward is well worth the effort, as we reach the top of the Salkantay Pass and take in the Vilcabamba Range's snow-capped peaks, stretching out in every direction. This is the highest point on the trek at 15,213' and the views are exceptional. We stop for a rest, keeping our eyes peeled for Andean condors, which are often sighted from here. These gigantic birds have a wingspan of more than 10 feet, and an average lifespan of 70 years.

From the top of the pass, we descend towards today's destination, Wayra Lodge, breaking for a hot picnic lunch along the way. "Wayra," meaning 'wind', comes from the lodge's location at *Wayracmachay*—'the cave where the wind lives'.

This evening, we celebrate our accomplishment with a hearty dinner and overnight at our well-appointed stone mountain lodge.

Accommodation: Wayra Lodge
Meals: B, L, D

DAY 5: Descend to Cloudforest

Activity Overview: Hiking
Activity Level: Easy to moderate, with 3,398' elevation loss; beginning elevation: 12,812', highest elevation: 12,812', end/lodge elevation: 9,414'
Activity Length: 3-4 hours (6 miles)

Today, we enjoy a leisurely breakfast at Wayra Lodge before continuing our descent through increasingly verdant scenery along the left bank of the Salkantay River. We can feel the warm air rising from the jungle accompanied by colorful butterflies and striking orchids. Upon arrival at Colpa Lodge, we are greeted with a *Pachamanca*, a traditional, festive Peruvian meal cooked by layering meat and vegetables with hot stones. Everything is then covered with more hot stones, plantain leaves, high Andean grass, and local herbs before being baked in an underground oven. A truly delicious welcome!

Colpa Lodge is located on an open plateau at the confluence of three rivers, and the outdoor hot tub has panoramic views of the surrounding lush green mountains. We spend the afternoon relaxing or exploring the nearby orchid trail. The lodge's chef fuels us well for tomorrow's full day of hiking with more Peruvian specialties.

Accommodations: Colpa Lodge
Meals: B, L, D

DAY 6: Santa Teresa River Valley

Activity Overview: Hiking
Activity Level: Moderate to strenuous, with 1,243' elevation loss; beginning elevation: 9,414', highest elevation: 9,414', end/lodge elevation: 7,003'
Activity Length: 5-6 hours (10 miles)

Our hike today takes us along the Santa Teresa River Valley through a more populated rural area. We pass through banana, granadilla, and avocado orchards, as well as shade-grown coffee plantations—including one farm said to produce one of the best organic coffees in the world. There are more than 110,000 coffee growers in Peru, most operating small farms of just 2-3 hectares (5-7 acres) each, hours away from electricity or running water.

This afternoon, we stop for a hot picnic lunch served by the river. Afterwards, we hike another hour before being met by our private vehicle. From here, a 30-minute drive takes us to the beginning of the Llactapata Inca Trail. This newly restored path leads directly to our lodge for the night, Lucma Lodge, set in an avocado orchard. Along the way, we stop to visit an organic coffee plantation where we join the owner on a short tour of the farm, learning how coffee is grown, harvested, dried, and processed.

Tonight, we overnight at our comfortable lodge, built into the mountainside of a protected archeological reserve.

Accommodations: Lucma Lodge
Meals: B, L, D

DAY 7: Llactapata Pass & Machu Picchu

Activity Overview: Hiking
Activity Level: Moderate to strenuous with 1791' elevation gain and 3165' loss; beginning elevation: 7,003', highest elevation: 8,974', end/train station: 5,809'
Activity Length: 4-6 hours (7 miles)

After a hearty breakfast, we tackle the last day of our trek, bound for the Llactapata Pass (8,974'). An uphill climb of about 2-3 hours brings us to a spectacular view of the Machu Picchu Sanctuary from the southeast—a sight few travelers ever get a chance to admire.

Nearby, we take a short break to explore the archeological ruins of Llactapata, which have been recently restored. Rediscovered by Hiram Bingham in 1912, the site was the source of further study in 2003, when it was determined to have been an important rest stop and roadside shrine along the route to Machu Picchu, likely playing an important ceremonial role during solstices or equinoxes.

We enjoy lunch at a scenic viewpoint overlooking Machu Picchu and then begin our final descent to the Aobamba River. Along the way, we pass through lush bamboo forests, fruit orchards, and coffee plantations before boarding a local train for a scenic ride (approximately 1 hour) to Machu Picchu Pueblo (formerly, Aguas Calientes), the base town for Machu Picchu. Upon arrival, we check into our award-winning hotel and have one final briefing before our celebratory dinner at the lodge. We raise a glass to our journey together and the completion of the spectacular Salkantay Trek.

Accommodations: Machu Picchu Pueblo Hotel
Meals: B, L, D

DAY 8: Exploration of Machu Picchu

Activity Overview: Touring Machu Picchu
Activity Level: Easy, strenuous option; Machu Picchu is at 7,972' elevation
Activity Length: 2-5 hours; optional hike, 2-3 hours

After a very early buffet breakfast at the hotel, we make our way to the bus station for a short transfer (30 minutes) to the Machu Picchu Sanctuary. Our trip leader gives us an introductory two-hour guided tour detailing the Incan citadel's history from its 15th-century construction to eventual abandonment. Like other examples of Inca construction, Machu Picchu utilizes sophisticated dry-stone wall techniques that fuse huge blocks without the use of mortar. The site's buildings are arranged to play on astronomical alignments and to offer panoramic views of the Urubamba River Valley, though its exact use still remains a mystery.

Those looking for a more physical challenge have the option to climb the staircases of one of two nearby mountains, Huayna Picchu or Machu Picchu Mountain (determined by permit availability), both steep and vertically challenging hikes that take two to four hours but afford great views of Machu Picchu. (Your guides will brief you with details.) After the hike, we meet together again and return by bus to Machu Picchu Pueblo for a late lunch before returning by train to Cusco. The train ride from Machu Picchu Pueblo to Ollantaytambo and private vehicle transfer back to Cusco takes about three hours. Upon arrival in the city, we return to the comforts of the Hotel Novotel and a relaxing final evening in Peru at your leisure

Accommodations: Hotel Novotel, Cusco
Meals: B, L

DAY 9: Departure from Cusco

The trip concludes after breakfast and transfers are provided to the Cusco airport in time for departing flights.

Meals: B

PLEASE NOTE: *This is a typical itinerary, and actual activities may vary to take advantage of weather conditions, local events, and to allow serendipity to play a hand in your experience. Accommodations are as outlined in the itinerary, although we reserve the right to change these should the need arise. See our booking terms and conditions for more information about our change policy.*

ACCOMMODATIONS

Well-located Cusco hotel, deluxe mountain lodges, and fine historic Andean pueblo hotel (all private baths).

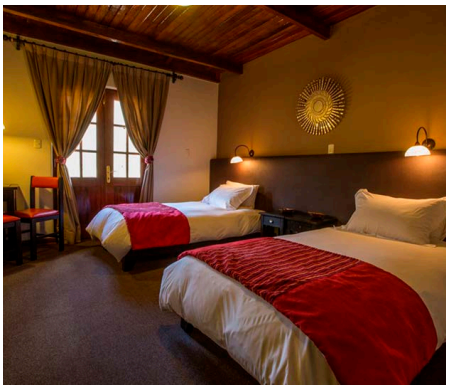
NIGHTS 1 & 8:

Hotel Novotel

Cusco, Peru

Tel: +51-84-58-1030 | h3254-re1@accor.com

Built to incorporate an early 16th-century house, this well-located hotel in the heart of historic Cusco showcases the exceptional style of colonial architecture.



NIGHTS 2 & 3:

Salkantay Lodge

Situated at the foot of Humantay Peak, this 12-room lodge also features a dining room with views overlooking Salkantay Peak rising in the distance up the valley.

NIGHT 4:

Wayra Lodge

At the highest elevation of the lodges at 12,812', Wayra Lodge is a beautiful stone lodge nestled in the foothills of Salkantay Peak on the other side of the pass.

NIGHT 5:

Colpa Lodge

The cloudforest surrounds Colpa Lodge, perched on a hillside overlooking the breathtaking Santa Teresa Valley.

NIGHT 6:

Lucma Lodge

Located at lowest elevation of the lodges, Lucma Lodge is situated in a subtropical environment amidst banana, avocado, and coffee plantations.

NIGHT 7:

Machu Picchu Pueblo Hotel

Machu Picchu Pueblo

Tel: +51-84-21-1032 | central@inkaterra.com

Ranked as one the "World's Best Hotels by *Travel + Leisure*, Machu Picchu Pueblo Hotel offers Andean-style individual bungalows in a quiet riverside spot in the town of Machu Picchu Pueblo (formerly Aguas Calientes). An impressive tropical garden showcasing a wide variety of native plant species, stone paths, and canals flowing with spring water create a special atmosphere.

WHAT TO EXPECT

TRIP RATING

Boundless Journeys' trips are designed for energetic and flexible individuals who like to be active and have a spirit of adventure and a positive attitude. Peru: Lodge to Lodge Salkantay Trek is rated 4+, moderate to strenuous, on a scale of 1-5 (with 5 being the most strenuous). The moderate acclimatization hikes on this trip are 3-5 hours at 11,150-13,625' on Days 1-3, with vehicle support on Days 1 and 2. During the trek (Days 4-7) we will have no vehicle support. The hikes during this time are more strenuous primarily due to high elevation through Day 5 (9,414'-15,213') combined with overall length (5-7 hours per day). The trails are generally in good condition, with some loose rocks, mostly gentle ascents and descents, with some sections including steeper switchbacks and sustained descents. Trekking poles are recommended for all guests.

PREPARING FOR THIS TRIP

It is very important that you realistically assess your physical condition with regard to the demands of this trip. The more well-prepared you are for the activities, the more you will enjoy yourself. As a general guideline, we suggest regularly engaging in aerobic activities (such as walking, jogging, or cycling) in the months leading up to the trip. If you live in a flat area, try to incorporate some stairs into your workout, or use a treadmill with varying incline capability. Of course, there is no better training than hiking! We recommend spending consecutive days on your local trails whenever possible in preparation for your journey. Considering this is a moderate to strenuous hiking trip, we encourage add longer activities on weekends. Please contact us if you have any doubts regarding your physical match with this tour, and consult your doctor prior to beginning any new training program.

THE LODGES

The mountain lodges offer extensive comfort and service to enhance your Andean trekking experience. The lodges provide private rooms in authentic Andean-style with full bedding, hot showers, and electricity (powered by generators turned off 11:00am - 6:00 p.m.). Some lodges offer the luxury to soak your muscles in an outdoor hot tub with incredible Andean views, or a soothing sauna. Purified drinking water and spring water are provided, in addition to tea, coffee, juice, and soft drinks. Alcoholic beverages are available for purchase at the bar/lounges. A limited WiFi connection is available at each lodge, also equipped with a satellite phone (for emergency purposes only).

We are supported on the trek by a team of pack horses and their handlers, or *arrieros*. They will carry our luggage, except for the items packed in your backpack (for example, water, camera, and an extra layer of clothing). Our luggage will be delivered to the next lodge before our arrival each day.

ELEVATION

Peru's geography is as diverse as its culture, with elevations from sea level to over 22,000'. Our trip begins and ends in Cusco, which is situated at 11,150', in the foothills of the Andes. Our first night in the mountain lodges immediately following your stay in Cusco is located at 12,690', where the trek begins, then ascends up to 15,213' before descending into the Santa Teresa River Valley. Elevations are noted along with each day's description. Our sixth hotel, in the town of Machu Picchu Pueblo, is located at about 6,500'. There is time to move at a comfortable pace, while taking regular breaks, allowing ourselves to adjust to the mountain air.

Keeping well hydrated, avoiding excessive alcohol, eating lightly but frequently, and getting plenty of rest will help with any effects of high elevation that you may feel.

We highly recommend spending at least one additional pre-tour night in Cusco to help acclimatize before beginning your trek. You may request additional hotel nights through Boundless Journeys.

WHEN TO GO

Peru is generally delightful for hiking from late April through December, with the clearest skies from May-September. We avoid scheduling trips from January through March as this is the height of the rainy season. That being said, the hillsides and valleys tend to be greener in April, May and June. Later in the dry season the fields turn golden, and the *campesinos* harvest their crops.

WEATHER

The mountainous areas of Peru have pronounced rainy and dry seasons, which are more responsible for the prevailing weather conditions than seasonal temperature fluctuations. The dry season lasts from May through September and the most significant rains fall from January through March. Temperatures do not fluctuate much throughout the year, although nights do tend to be colder from May through September, and nighttime frost and some snow is possible at higher elevations in July. Any time of year, dressing in layers is a good strategy, so that you can shed or add layers as the day heats and cools.

The Salkantay trek passes through nine different bio-zones and reaches elevations of more than 15,000'. For this reason, it is important to be prepared for all kinds of weather, from cold weather of 32 degrees Fahrenheit to temperatures of up to 86 degrees Fahrenheit. Average daytime temperatures in and around Cusco generally range from 55°-75° F with evenings cooling down into the 40s and 50s. Jackets are necessary at night any time of the year in Cusco and surrounding areas.

The following are average temperatures in Cusco (in the mountains you may expect the low temperatures to be in the 20s at higher elevations):

AVERAGE TEMPERATURE ºF (HIGH/LOW) CUSCO				
MAY	JUNE	JULY	AUGUST	SEPT
67/39	66/35	66/34	66/34	67/41

You may obtain more detailed weather information by visiting www.weatherbase.com.

TRAVELER'S RESPONSIBILITY

Trip participants have certain responsibilities to both Boundless Journeys and your fellow travelers. This includes understanding the conditions described in the trip itinerary and making sure it is appropriate for your interests and abilities, based on a review of the trip ratings, consultation with Boundless Journeys' staff, and perhaps your doctor. In addition, trip participants are responsible for preparing for a trip by undertaking the proper fitness training. At the guide's discretion, a participant may be asked to leave the trip if the guide feels that the person's further participation may be detrimental to the individual or to other trip participants. If you have any questions about the difficulty level of the trip you have chosen, please contact Boundless Journeys to speak with one of our Destination Managers.

"I arrived home last night and am still in a mental daze. The trip far surpassed my expectations. It was glorious! Everyone in our group agreed that our guide was central to making it all work. He is truly an amazing person. There is no praise I could give that would equal what he actually offers with his knowledge of the culture, his managerial capabilities, and the spiritual connection with the land that he conveys. Thank you for your part in adding so much to my life."

— J.C., Aspen, CO

SMALL GROUP TRAVEL

Small group travel affords us the opportunity to seek out the most remote and exotic destinations on the planet. Often we are exploring these locales with just 6-12 guests. The nature of active group travel is such that not all participants have the same ability level or interests. Traveling at a pace that is comfortable for the entire group, with a spirit of flexibility and adventure are all part of this shared experience.

Boundless Journeys operates this trip in partnership with Mountain Lodges of Peru, who operates the trekking portion of your journey. In Cusco, you will have a local Boundless Journeys guide, specializing in the city's history, culture, and surrounding area. On your trek, you will have a trekking specialist with extensive mountain experience guide you throughout your journey until returning to Cusco on Day 8. Boundless Journeys guests will be included in a group of up to 12 trekking guests throughout the stay in the mountain lodges.

DRINKS WITH MEALS

At Boundless Journeys we believe group dinners are a time to celebrate our day, while enjoying the best of local cuisine, and good company. In keeping with this spirit, we typically include local beer and wine with group dinners. If you prefer premium wine, or liquor, please feel free to order what you like, and you may settle your tab at the end of the meal.

DRINKING WATER

We provide purified or bottled water on all trips; however, in an effort to reduce waste, we strongly encourage you to bring a water bottle to refill where safe to do so. This will be the case in much of Europe, as well as a few other destinations, where tap water is safe to drink. In parts of the world where water must be purified, bottled water may be our only option. Here, we do our best to provide purified water from larger containers to refill your ur bottles, rather than using many small single-use bottles throughout your trip. This is just one small way we strive to travel more responsibly and we appreciate your efforts in helping us to protect the extraordinary places we visit.

Boundless Journeys took the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge, too, and learn more about TAP's efforts at www.travelersagainstplastic.org.

CUISINE

Dinners in Peru feature generous portions of beef, lamb, chicken, or fish, potatoes or rice, and fresh vegetables, such as locally grown avocados, summer squash, and olives. Delicacies such as roasted *cuy* (guinea pig), alpaca, and *ceviche* (chilled marinated fish) are available on some menus. Breakfast generally features common continental offerings, cereals made from quinoa, as well as scrambled eggs and sausage. Delicious hearty soups are also a staple of Peruvian meals, and are often available for breakfast, lunch, and dinner. Please inform us of any specific dietary restrictions and we will do our best to accommodate you. Please call our office with any questions or concerns about our ability to meet your needs.

TRANSPORTATION

All on-tour transportation is provided in private, air-conditioned, passenger vans.

OUR PERU TEAM

TRIP MANAGER

Emily Trostel

Originally from Pennsylvania, Emily spent several years adventuring and teaching in Wyoming, California, and Colorado before driving cross-country to relocate in Vermont. She joined the Boundless Journeys home team in 2017, and her portfolio includes New Zealand, Spain, England, Peru, Vermont, and our Alpe Adria trip. Emily loves any and all water activities—swimming, hot springs, and boats that require paddling. She also enjoys food and wine, literature, and hiking with her wife and their three dogs.

GUIDES

With a Boundless Journeys guide, your experience is that of friend and local adventurer. We believe strongly in working with local guides, experts in the areas to which we travel, and they hold the keys to unlocking the hidden delights of your chosen destination. Although you will never know they are at work—the mark of a truly great leader—our guides make magical things happen and add a dimension to your trip that you could not experience on your own.

Over the years we have forged bonds with some of the best guides in the world, and we typically work with a small team of guides in each region. You will be informed of the guide for your trip one month prior to your departure.

Wilfredo Huillca Gamarra

Knowledgeable, friendly, and energetic, Wilfredo has been guiding trekking and cultural experiences for curious travelers for over 20 years, and has developed a reputation as one of southern Peru's most highly sought-after guides. In addition to Spanish, he speaks English, French, Japanese, and the native Peruvian language of Quechua. An accomplished musician with three albums to his name, when not leading active cultural adventures Wilfredo can be found playing, building, and teaching traditional Andean wind instruments, including the Quena and Zampoña.

OPTIONAL AMAZON EXTENSION

PERU: INTO THE AMAZON

Experience the full breadth of Peru with an extension to the world's largest tropical rainforest. From an eco-luxury lodge, create your own style of trip by selecting from a range of land and water excursions that will introduce you to the magic of the Southern Amazon.

HIGHLIGHTS

- Choosing from guided activities including bird-watching, day and night rainforest walks, boating, star-gazing, and treetop canopy bridges
- Viewing unusual wildlife, such as toucans, tapirs, giant otters, monkeys, reptiles, sloths, and, if you're lucky, a jaguar!
- Unwinding in thatched cabaña with extensive spa treatments and daily tea service

DETAILS

- 4-day trip extension begins and ends in Puerto Maldonado, Peru
- 3 nights in a nature lodge
- All meals included
- Local lodge guide throughout

WHEN TO GO

April through December (dry season)

TO REQUEST MORE INFORMATION

Contact us at 800-941-8010 or via e-mail at info@boundlessjourneys.com, and we will send the detailed itinerary and current pricing.

TO RESERVE

You may request this Trip Extension for any dates that work with your flight schedule. It is recommended that you request your extension at least 120 days ahead, to better ensure hotel availability for your dates. A $500 per person deposit is required when the extension is requested, with final payment due 120 days prior to departure.

NEXT STEPS

TO MAKE A RESERVATION

You can call Boundless Journeys at 800-941-8010, request a reservation online, or contact your travel agent. We will confirm your spot with a deposit of $500 per person and the payment of internal airfare, payable by check or credit card.

ONCE YOU RESERVE

As soon as you confirm your adventure, we will provide you with an extensive, detailed trip planner that includes arrival and departure instructions, a complete packing list, regional information, required documents, a reading list, and other details.

CANCELLATION & REFUND POLICY

Please check our Terms & Conditions page on our website for our comprehensive cancellation and refund policies: www.boundlessjourneys.com/terms-and-conditions.

TRIP CANCELLATION INSURANCE

In addition to your detailed trip planner, we will email you a quote for Travel Guard trip insurance. Please let us know if you would like us to purchase a policy on your behalf. Boundless Journeys strongly recommends purchasing Trip Insurance.

QUESTIONS? WHICH TRIP IS RIGHT FOR YOU?

Adventure travel may involve exotic destinations, unusual levels of physical exertion, and activities that may be new to you. If you have any questions about the level of comfort, difficulty, or activities included on your trip, please call Boundless Journeys at 800-941-8010, or email us at info@boundlessjourneys.com. Our travel experts look forward to helping you select the perfect adventure.

VISIT US ONLINE

www.boundlessjourneys.com for:

- additional departures
- special promotions
- detailed itineraries
- inspiring photography
- guide bios

EXTEND YOUR TRIP...

Many of our trips are designed to be paired with a trip extension. Consider. . .

- PERU: Into the Amazon
- COSTA RICA: Custom Tour

YEARNING FOR MORE TREKKING?

Check out. . .

- FRANCE & SWITZERLAND: Haute Route Hiking
- NEPAL: Lodge-toLodge Trekking

PREFER A PRIVATE TRIP?

Ask about our Peru Custom Tours. Please visit us online to learn about custom tour options to Peru: www.boundlessjourneys.com

BOUNDLESS BEYOND

RESPONSIBLE TRAVEL

At Boundless Journeys, our goal is to create meaningful experiences that protect the delicate ecosystems and attributes of every location we visit. We aim to educate our guests on the best responsible travel practices for each destination.

WE ARE COMMITTED TO

Making connections. Our local guides offer insider knowledge of their country, including tips on etiquette and customs. They facilitate meaningful interactions with the people and places we visit, such as dinner at the home of a local family. While you may arrive in a destination as a visitor, you leave with a deeper understanding and connection to each place.

Going local. Boundless Journeys' small group size stems from a desire to provide a more intimate traveler experience, giving us the freedom to move through the tight alleys of old towns on foot, eat and sleep at traditional guesthouses, participate in immersive cultural exchanges, and leave a smaller footprint on all of the locales we visit. This mobility allows us to support local economies directly, forging strong relationships with our partners and friends abroad as we return year after year.

Respecting people and the environment. We support organizations working to protect ecosystems and improve the livelihoods of local communities. On many of our trips, we explore stunning natural landscapes where conservation is of the utmost importance. As visitors, we practice Leave No Trace ethics and actively contribute to the conservation of parks and protected areas.

HOW YOU CAN HELP

Give back. Instead of receiving a Boundless Journeys t-shirt or water bottle, you can opt to donate the value of your gift to our travel scholarship fund, which will be awarded to a local student for an educational or service-based travel opportunity.

Learn more. Visit boundlessjourneys.com/responsible-travel to read more about how our values are reflected in our trip offerings. We also offer a selection of Resources for the Responsible Traveler, which suggests ways to tread lightly and ensure your journey has a positive impact.

Join us. Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge at travelersagainstplastic.org.

CONSERVATION IN ACTION

Boundless Journeys is a proud member of the Adventure Travel and Trade Association, a global network of adventure seekers who believe in the protection and promotion of local communities and wilderness areas.

ADVENTURE TRAVEL™ TRADE ASSOCIATION www.adventuretravel.biz

TRAVELERS AGAINST PLASTIC TAP www.travelersagainstplastic.org