

# Norway | WESTERN FJORDS ADVENTURE

HIKING AND KAYAKING | 9 DAYS

June 21-29, 2021

July 12-20, 2021

August 2-10, 2021



## TRIP ITINERARY



  
Boundless  
JOURNEYS

1.800.941.8010 | [www.boundlessjourneys.com](http://www.boundlessjourneys.com)

*How we deliver*

# THE WORLD'S GREAT ADVENTURES

**A passion for travel.** Simply put, we love to travel, and that infectious spirit is woven into every one of our journeys. Our staff travels the globe searching out hidden-gem inns and lodges, taste testing bistros, trattorias, and noodle stalls, and discovering the trails and plying the waterways of each remarkable destination. When we come home, we separate wheat from chaff, creating memorable adventures that will connect you with the very best qualities of each destination.

**Unique, award-winning itineraries.** Our flexible, hand-crafted journeys have received accolades from the world's most revered travel publications. Beginning from our appreciation for the world's most breathtaking and interesting destinations, we infuse our journeys with the elements of adventure and exploration that stimulate our souls and enliven our minds. Whether you are looking for a challenging physical expedition or a leisurely cultural exploration, Boundless Journeys has exceptional itineraries to match your sense of adventure.

**Insider connections.** There is simply no substitute for traveling with a knowledgeable insider, and our expert local guides will open doors for you that other travelers miss, like dinner with their extended family in Peru's Sacred Valley, or meeting an art scholar in Florence. Relationships developed over many years allow you to experience our destinations through a well-connected friend.

**Small groups.** Although the camaraderie of a group of like-minded travelers often enhances the journey, there can be too much of a good thing! We tread softly, and our average group size is just 8–10 guests, allowing us access to opportunities that would be unthinkable with a larger group.

**Flexibility to suit your travel style.** We offer both scheduled, small-group departures and custom journeys so that you can choose which works best for you. Not finding exactly what you are looking for? Let us customize a journey to fulfill your travel dreams.

**Customer service that goes the extra mile.** Having trouble finding flights that work for you? Want to surprise your traveling companion with a bottle of champagne at a tented camp in the Serengeti to celebrate an important milestone? There is no request that is too big—or too small—for our staff to handle. From your first call, we guide you through choosing your trip, provide advice on preparing for your adventure, and hold your hand until you return home.



Multi-year recipient of *Travel + Leisure* magazine's "World's Best Tour Operator"; and recognized by the editors of *National Geographic ADVENTURE* magazine as one of the **Best Adventure Travel Companies on Earth**.

# Norway | WESTERN FJORDS ADVENTURE

Thank you for your interest in this fantastic journey to Norway. We have hand-crafted this tour from our own experience and hope you fall in love with the area—as we have!

## THE INSPIRATION FOR THIS JOURNEY

Very few places in the world have scenery as dramatic as the Norwegian fjords. Known for staggering peaks, deep-blue waterways, charming seaside hamlets, giant glaciers, and lush forests, the landscape is as grand as the legends and folktales told in the region.

Experience the essence of the Norwegian fjords on this epic adventure. From the historic city of Bergen, to the small, yet sophisticated city of Ålesund, we kayak and hike through this majestic region. Our coastal journey is complimented by travel inland, where fjord arms, glaciers, and mountains greet us with fewer crowds and impressive vistas. Along the way, we embrace local culture with visits to working farms, seaside villages, and historic stave churches. A trip to the UNESCO-protected Western Fjords will make you feel as if you have crossed into the farthest corner of the Earth.

## HIGHLIGHTS

- Hike through the dramatic and unusual scenery of fjords and mountains
- Full-day sea kayaking excursion on the spectacular Aurlandsfjord, one of Norway's most picturesque
- Guided glacier walking adventure
- Norway's fascinating history, folklore, and local communities

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# TOUR OVERVIEW



## THE BASICS

Duration:	9 days / 8 nights
Tour start:	Bergen
Tour end:	Ålesund
Accommodations:	Ideally located, charming hotels
Trip rating:	1    2 <b>3</b> 4    5 Easy . . . . . Strenuous (See page 11 for more details)
Land cost:	\$6,395 per person (2020 price)
Single Supplement:	First two reserved on each departure: \$200 (must reserve at least 120 days ahead); Additional singles: \$700



## WHAT'S INCLUDED

Just pack your bags—we've got you covered! When you're on a Boundless Journeys adventure, every detail is taken care of for you, so you can relax and truly experience each moment. Put your wallet away, leave your travel books behind, fold up your maps, and BE there. Your Boundless Journeys adventure includes:

- Expert leadership
- All accommodations
- All meals beginning with lunch on Day 1 and ending with breakfast on Day 9
- All on-tour transportation
- Entry fees
- All activities as noted in the itinerary
- Two complimentary glasses of house wine or beer with dinners
- All gratuities except for those for your guide and driver, which are at your discretion
- Explorers Club savings on your next scheduled, small-group trip (conditions apply)

International airfare is not included in the price of your trip. Please contact your local travel agency or the airlines directly to make any arrangements you may need. If you would like assistance with booking your flights or other travel plans, please contact Boundless Journeys directly at 800-941-8010 for a referral to our partners who will best fulfill your needs.



## ITINERARY AT-A-GLANCE

### DAY 1

Meet your guide for a walking tour of Bergen, Norway's second largest city. Transfer to Ullensvang in the Hardangerfjord region and hike to the beautiful glacier-fed Lake Bondhusvatnet.

### DAY 2

Hike through the Husedalen Valley past cascading waterfalls. Visit the Alvavoll Fruit & Cider farm for a tour and cider tasting.

### DAY 3

Walk on the blue-tinged Folgefonna Glacier, surrounded by beautiful scenery from the Hardangerfjord. Transfer to the town of Voss, known as Norway's adventure capital.

### DAY 4

Full-day sea kayaking expedition into the spectacular Aurlandsfjord, one of Norway's most picturesque. Stop midday for a picnic lunch surrounded by dramatic scenery.

### DAY 5

Travel back in time at the Voss Folkemuseum and learn about the old traditions of summer farming in Sivle. Visit the Hopperstad Stave Church in Vik. End the day with a ferry ride across the Sognefjord and transfer to Balestrand.

### DAY 6

Hike to the Buraasi lookout point with staggering views of Balestrand and the majestic Sognefjorden. Optional afternoon guided walk through the historic and artistic village of Balestrand.

### DAY 7

The scenery changes today as we embark on a high alpine hike to Skagastøl Lake, set in Jotunheimen National Park. Here we are in company of glaciers, mountain flora, and perhaps some friendly grazing sheep.

### DAY 8

Enjoy a scenic drive to the UNESCO-protected Geirangerfjord and hike behind the Storseterfossen waterfall. Afternoon transfer to Ålesund. Farewell celebration dinner.

### DAY 9

Depart at your leisure.

# THE JOURNEY



## DAY 1: Hardangerfjord & Lake Bondhusvatnet

**Activity Overview:** Cultural touring and hiking  
**Activity Level:** Easy, 700' elevation gain/loss  
**Activity Length:** 2-4 hours, up to 5 miles

Welcome to Norway! Our adventure begins with a walking tour of the UNESCO World Heritage City of Bergen. Tucked between mountains and fjords, a meandering tour along Bergen's cobblestone streets will guide us through its seafaring heritage. Our visits today include Bryggen, once the epicenter of Bergen's fishing and trade industry, and a ride on the local funicular up Mt. Fløyen, which offers outstanding views over the city.

Mid-morning, we transfer to the Hardangerfjord region, home to wild and rugged mountains rising from the fjord, verdant farmland, and storybook villages. We have lunch in the rose garden of a historic manor house before hiking to the beautiful glacier-fed Lake Bondhusvatnet. If time allows, we may continue around the lake almost to the edge of the Bondhus Glacier tongue.

Later this afternoon, we cross the Hardangerfjord between Utne and Kinsavik, arriving shortly afterward at our fjordside hotel in Ullensvang.

**Accommodations:** Ullensvang Hotel, Lofthus  
**Meals:** L, D

## DAY 2: Husedalen Hike & Cider Farm

**Activity Overview:** Hiking  
**Activity Level:** Moderate, up to 2,300' elevation gain/loss  
**Activity Length:** 2-4 hours, up to 6 miles

Our hike today begins in Kinsarvik and wends through the Husedalen Valley along one of the most beautiful trails in Norway. We see a succession of stunning waterfalls on the way from Kinsarvik to the Hardangervidda mountain plateau, the largest high mountain plateau in northern Europe. Because the hike is an out-and-back trail, it can be shortened for those who prefer a less strenuous day.

Early this evening, we meet a local farmer who will walk with us to the Alvavoll Fruit & Cider farm. Here we learn about the production of apples, pears, plums, honey, apple juice, and cider, and have an opportunity to taste some of the world-famous cider produced in the Hardanger region. Dinner is back at our hotel.

**Accommodations:** Ullensvang Hotel, Lofthus  
**Meals:** B, L, D

## DAY 3: Folgefonna Glacier Walk & Voss

**Activity Overview:** Glacier walk  
**Activity Level:** Moderate, elevation gain and loss is based on the group and conditions on the glacier  
**Activity Length:** 2-3 hours, 2-3 miles

This morning, a 1.5-hour drive brings us to the Folgefonna Glacier, the third largest in Norway. After a safety briefing, our experienced glacier guides take us for a walk across the ice. Surrounded by the Hardangerfjord, Rosendal Alps,



and the North Sea, this promises to be an exhilarating adventure.

Our guides continuously monitor conditions on the glacier. If conditions are better for snowshoeing, we will trade in our crampons for snowshoes. If it is unsafe to be on the ice, we will hike to the Hovden Viewpoint, an alpine plateau with stunning views of Sorfjorden—one of Norway's most striking fjords (3-4 hours, 4.5 miles, elevation gain 1500').

Afterward, we transfer to Voss (approximately 2 hours) and our hotel for the next two nights. Known for outdoor and adventure activities, Voss is a charming, small town in the lake district, situated between the mountains and the fjords. Most of the melting water from snowmelt and rainfall comes through this region, and the lakes, rivers, and waterfalls are ever-changing depending on the water flow.

**Accommodations:** Hotel Store Ringheim, Voss

**Meals:** B, L, D

## DAY 4: Sea Kayaking on Aurlandsfjord

**Activity Overview:** Sea kayaking

**Activity Level:** Easy to moderate

**Activity Length:** 4-6 hours with stops, 5-8 miles

Today, we venture into the waterways of Norway—the fjords! Our morning begins with a 1-hour scenic transfer to Flåm, where we gear up for a glorious day of kayaking on the Aurlandsfjord, one of Norway's most picturesque fjords. Our guides offer expert instruction, and all necessary equipment is provided.

Our adventure takes us past unique rock formations, waterfalls, and local small farms. We stop for a break at a suitable landing point and enjoy a picnic lunch.

The return journey brings very different views, looking at the inner part of the fjord back toward Flåm. Upon completion of our kayak route, we return to our hotel where we have a chance to freshen up before dinner.

**Accommodations:** Hotel Store Ringheim, Voss

**Meals:** B, L, D

## DAY 5: Voss Folkemuseum, Farm Visit & Stave Church

**Activity Overview:** Cultural visits and walking

**Activity Level:** Easy, 300' elevation gain/loss

**Activity Length:** 1-hour visits, 1-hour walk

After breakfast, we take a short walk from our hotel to the Voss Folkemuseum to be transported back in time. When the museum was founded in 1917, one of its goals was to preserve the old farmstead at Mølster (Mølstertunet), where the buildings still stand where they were built. The wooden walls of the buildings have been weathered brownish-grey and the roofs are covered with turf or ancient slates. Inside the old farmhouse, the walls still give off the pungent smell of smoke from the open hearth.

From here, we drive to the historical hotel and viewpoint of Stalheim, offering extraordinary views of the Nærøy Valley. A short hike brings us to the farm of Sivle, where we enjoy a local meal and hear about the old traditions of summer farming.

## A BOUNDLESS MOMENT IN NORWAY

We paddled our kayaks to shore in a fjord backed by a thunderous waterfall. The soft grass was under foot, the leaves on the trees were rustling, and goats came by to welcome us. Hot coffee and tea were passed around while our guides started a fire. From here came pork chops, sausages, and pasta! What a treat! The view was so soothing that I could just lay down and listen to the whisper of the air.



As we depart, we take the steep serpentine road leading down the front side of the mountain between two cascading waterfalls. To the north is the Sivlefossen waterfall, and to the south, the Stalheimsfossen waterfall. As melting water plunges over the cliff edge it makes its way from the mountains to the fjord.

Early this afternoon, we visit the Hopperstad Stave Church in Vik. Believed to date from around 1130, it is one of the oldest stave churches in existence. Inside, we see examples of carvings from the Middle Ages, and a guided tour offers insight into the era connecting modern day Christianity and Viking beliefs.

Later today, we cross the Sognefjord and reach the township of Balestrand to check in to our waterfront hotel.

**Accommodations:** Kviknes Hotel, Balestrand

**Meals:** B, L, D

## DAY 6: Balestrand Hike

**Activity Overview:** Hiking

**Activity Level:** Easy to moderate, 1,870' elevation gain/loss

**Activity Length:** 2-4 hours, 4 miles

Today's hike takes us from the Kreklingen Nature Trail to the stunning Buraasi lookout point. As we climb through moss covered forests and pine-clad trails, our vista opens up at approximately 1,870 feet where we have staggering views of Balestrand and the majestic Sognefjorden. Here we enjoy a picnic lunch, or *nistepakke*, before our descent.

Later this afternoon, our guide will lead an optional Heritage Walk along the coast where we learn about this historic

village and the life of the artists who lived here in the 19th century. Others may enjoy a bit of free time before we gather again for dinner.

**Accommodations:** Kviknes Hotel, Balestrand

**Meals:** B, L, D

## DAY 7: Skagastøl Lake Hike

**Activity Overview:** Hiking

**Activity Level:** Moderate, 1,475' elevation gain/loss

**Activity Length:** 5 hours, 5 miles

This morning, we depart for Jotunheimen National Park, also known as "the home of the giants." From the historical Turtagrø Hotel, we follow a stream through the lush Skagastøl Valley towards Skagastøl Lake. We can sense the ancient mountaineering history of this trekkers' paradise, as the mountains here were first climbed by British lords in the 19th century. At this high alpine lake, we enjoy a picnic lunch surrounded by glaciers and vertical peaks before our descent.

This evening, we stay at the unique Elvseter Hotel, rich in Norwegian history and filled with beautiful artwork.

**Accommodations:** Elvseter Hotel, Bøverdalen

**Meals:** B, L, D



## DAY 8: Geirangerfjord & Ålesund

**Activity Overview:** Hiking  
**Activity Level:** Moderate, 1,200' elevation gain/loss  
**Activity Length:** 2-3 hours, 2.25 miles

We enjoy a scenic drive past Lom as we head to the Geirangerfjord region this morning. Geirangerfjord was granted UNESCO status in 2005 and offers stunning views of several waterfalls, including the famous Seven Sisters.

We embark on a hike from Vesterås Farm, an idyllic old working farm sitting high above the town. After about an hour, we arrive to the thundering Storseterfossen waterfall, which we can walk behind. Upon returning to the farm, we enjoy a traditional lunch before heading into town for a different view of Geirangerfjord.

Our final drive takes us to the coastal city of Ålesund. Here, we make our way up to the Mount Aksla lookout, which offers fantastic views of the city.

We gather this evening for our final dinner and celebration of our journey, where we raise a glass to new friendships, shared memories, and the many adventures we've had in this beautiful country.

**Accommodations:** Hotel Brosundet, Ålesund  
**Meals:** B, L, D

## DAY 9: Departure

After breakfast, you are free to depart at your leisure. The airport is a short taxi ride from our hotel.

**Meals:** B

**PLEASE NOTE:** *This is a typical itinerary, and actual activities may vary to take advantage of weather conditions, local events and to allow serendipity to play a hand in your experience. Accommodations are as outlined in the itinerary, although we reserve the right to change these should the need arise. See our booking terms and conditions for more information about our change policy.*

# ACCOMMODATIONS



## NIGHTS 1 & 2

### Ullensvang Hotel

Lofthus Hardanger, Norway

Tel: +47-53-67-00-00 | [ullensvang@hotel-ullensvang.no](mailto:ullensvang@hotel-ullensvang.no)

The Ullensvang Hotel has been run by the same family for five generations and offers the perfect balance of rich traditions with modern facilities on the beautiful Hardangerfjord.



## NIGHTS 3 & 4

### Hotel Store Ringheim

Voss, Norway

Tel: +47-954-06-135 | [booking@storingheim.no](mailto:booking@storingheim.no)

This 15-room historic hotel in a restored farmhouse offers views over different parts of the surrounding farm landscape and distant mountains.



## NIGHTS 5 & 6

### Kviknes Hotel

Balestrand, Norway

Tel: +47-57-69-42-00 | [booking@kviknes.no](mailto:booking@kviknes.no)

This historic hotel boasts a large art collection, an onsite restaurant and bar, and beautiful views. Past guests have included Kaiser Wilhelm II and other prominent figures.



## NIGHT 7

### Elveseter Hotel

Bøverdalen, Norway

Tel: +47-612-12-000 | [post@elveseter.no](mailto:post@elveseter.no)

This old family farm estate has been in operation since the 1870s. In the last century, it was transformed into a charming hotel adorned with a unique collection of art.



## NIGHT 8

### Hotel Brosundet

Ålesund, Norway

Tel: +47-701-14-500 | [post@brosundet.no](mailto:post@brosundet.no)

Ideally-located on the water, Hotel Brosundet has a contemporary and rustic design. A central fireplace and onsite restaurant create a particularly welcoming and cozy communal space.

# WHAT TO EXPECT



## TRIP RATING

Boundless Journeys' trips are designed for energetic and flexible individuals who like to be active and have a spirit of adventure and a positive attitude. *Western Fjords Adventure* is rated 3, moderate, on a scale of 1-5 (with 5 being the most strenuous). The hikes on this trip are day hikes with minimal vehicle support. The hikes are easy to moderate with some longer options, averaging 3-5 hours per day and 3-6 miles. Elevation gains vary from approximately 300' -2,300'. with shorter options on our more challenging days. The sea kayaking excursion is suitable for beginners and no experience is necessary. We may cover 5-8 miles in 4-6 hours, depending on weather and water conditions.

## PREPARING FOR THIS TRIP

It is very important that you realistically assess your physical condition with regard to the demands of this trip. The more well-prepared you are for the activities, the more you will enjoy yourself. As a general guideline, we suggest that you engage in easy to moderate aerobic activities (such as walking, hiking, jogging, or cycling) for at least 30-45 minutes several times a week for 4-6 weeks before the trip. **If you live in a flat area, try to incorporate some stairs into your workout, or use a treadmill with varying incline capability** (consult your doctor before undertaking any new fitness program). Please contact us if you have any doubts regarding your physical match with this tour.

## THE GLACIER WALK

A glacier walk is planned for Day 3, weather permitting. All necessary equipment is provided, including crampons and ice axes. Our guides are experienced mountaineers with a great deal of knowledge about glaciers and safety

procedures. After being fitted with gear and a safety briefing, we head onto the ice itself for a unique perspective on the importance and beauty of glaciers. If conditions are better for snowshoeing, we will trade in our crampons for snowshoes. If it is unsafe to be on the ice, your guide(s) will offer a hike instead.

## ABOUT THE KAYAKING

All kayaks are expedition rigged with rudders and low backrests (in order to not get in the way of the sprayskirts). Our guides are usually able to find the best kayak fit for the person. We provide neoprene booties, a sleeveless long john wetsuit, a paddle jacket with a hood, a PFD, a sprayskirt, and also a waterproof box for cameras or cellphones, as well as a dry bag. No prior experience is needed.

## WEATHER

Summer in Norway brings long days full of sunshine and warmer temperatures. Landscapes of lush greens, ripe fruits, and wildflowers peak this time of year. While it is often bright and sunny, cool and/or wet weather is possible, and the weather can change quickly in the mountains and on the coast. June, July, and August see 18-20 hours of daylight. The following are average temperatures in the fjord region of Norway during the summer months.

AVERAGE TEMPERATURE (High/Low °F)			
	JUNE	JULY	AUGUST
BERGEN	63/50 °F	64/53 °F	64/53 °F
VOSS	66/46 °F	69/51 °F	66/49 °F
ÅLESUND	57/49 °F	62/53 °F	61/54 °F

You may obtain more detailed weather information by visiting [www.storm.no](http://www.storm.no).

## CUISINE

Norwegians love fish—smoked, grilled, fried, salted, cured, poached, pickled. Menus for most meals will have fish options. In addition, you will find a variety of meat dishes, soups, root vegetables, and salads for lunches and dinners. Breakfasts offer breads, cheeses, yogurts, muesli, and yes, more fish. It is common even for small hotels to offer meals buffet-style, as this allows travelers to try traditional local dishes alongside more familiar fare. Simply put, Norwegian cuisine is hearty and fresh. Please inform us of any specific dietary restrictions, and we will do our best to accommodate you. Please call our office with any questions or concerns about our ability to meet your needs.

## DRINKS WITH MEALS

At Boundless Journeys, we believe group dinners are a time to celebrate our day, while enjoying the best of local cuisine, and good company. In keeping with this spirit, we include two glasses of house wine or local beer with group dinners. If you prefer premium wine, liquor, or more than two drinks, please feel free to order what you like, and you may settle your tab at the end of the meal.

## DRINKING WATER

We provide purified or bottled water on all trips; however, in an effort to reduce waste, we strongly encourage you to bring a water bottle to refill where safe to do so. This will be the case in much of Europe, as well as a few other destinations, where tap water is safe to drink. In parts of the world where water must be purified, bottled water may be our only option. Here, we do our best to provide purified water from larger containers to refill your bottles, rather than using many small single-use bottles throughout your trip. This is just one small way we strive to travel more responsibly, and we appreciate your efforts in helping us to protect the extraordinary places we visit.

Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge, too, and learn more about TAP's efforts at [www.travelersagainstplastic.org](http://www.travelersagainstplastic.org).

## ACCOMMODATIONS

Hotel rooms in the Scandinavia are normally furnished with twin beds, which may be moved together to form a double

bed or placed separately. Accommodations rarely provide tea and coffee facilities in the rooms. A kettle may be supplied, but nothing else. Please ask at reception for some provisions when you arrive or just carry a small selection from home. On the same note, often you will not find amenities such as soap, shampoo and conditioner in your room, or if they are there, they will be in containers attached to the wall. Even hair dryers sometimes aren't there! Just ask at reception, and they will happily provide you what you need.

## TRANSPORTATION

All on-tour transportation is provided in private passenger vans.

## TRAVELER'S RESPONSIBILITY

As a trip participant, you have responsibilities to Boundless Journeys, your fellow travelers and guide, and the local people you encounter. This includes understanding and preparing for the conditions described in the itinerary, ensuring it meets your interests and abilities, and following the health and safety guidelines of Boundless Journeys, local authorities, and/or the CDC. At their discretion, a guide may ask a guest to leave the trip if further participation may be detrimental to the individual or other participants.

We strongly urge any guest feeling ill shortly before departure to cancel their trip. To help cover your investment, we highly recommend purchasing travel insurance with supplemental "Cancel for Any Reason" coverage. If you feel unwell during the tour, please immediately inform your guide, who can help take the appropriate next steps. We appreciate your cooperation.

## SMALL GROUP TRAVEL

Small group travel affords us the opportunity to seek out the most remote and exotic destinations on the planet. Often we are exploring these locales with just 8-12 guests. The nature of active group travel is such that not all participants have the same ability level or interests. Traveling at a pace that is comfortable for the entire group, with a spirit of flexibility and adventure, are all part of this intimate experience.

# OUR NORWAY TEAM

## TRIP MANAGER



### **Deborah Tobey**

Originally from Long Island, NY, Deborah has lived and worked around the country. After a decade out west adventuring as a river guide and ski instructor, Deborah was drawn back east to be closer to family. She joined the Boundless Journeys home team in 2010 initially managing Peru, Palau, and Spain. Now, her portfolio includes Croatia, Norway, Portugal, Italy, Iceland, and Costa Rica. She loves being on the water, hiking in Vermont's Green Mountains, and camping with her family and dog, Winston.

## GUIDES

With a Boundless Journeys guide, your experience is that of friend and local adventurer. We believe strongly in working with local guides, experts in the areas to which we travel, and they hold the keys to unlocking the hidden delights of your chosen destination. Although you will never know they are at work—the mark of a truly great leader—our guides make magical things happen and add a dimension to your trip that you could not experience on your own.

Over the years we have forged bonds with some of the best guides in the world, and we typically work with a small team of guides in each region. You will be informed of the guide for your trip one month prior to your departure.



### **Einar Raa Nilsen**

Einar has been working in the outdoors for more 30 years. When not guiding groups in the summer months, Einar manages the local ski school in Voss. He is often found on the largest glaciers, in the deepest valleys, or the highest mountain peaks of Norway, and always returns with a big smile on his face and plenty of stories to share. His guests appreciate his great sense of humor and depth of knowledge. In his free time, Einar enjoys kite surfing, kayaking Norway's whitewater rivers, and backcountry skiing. He is fluent in Norwegian and English.



### **Hanne Holås**

Hanne loves spending time outdoors, everything from ski touring in alpine terrain to hiking trips in the summertime. She feels honored every time she has the opportunity to show people the authentic and beautiful Norway. Our guests appreciate that Hanne is always positive, and they say that she has a lovely and contagious laughter. The explorer in her has taken her to countries such as Peru, Nepal, Iran, Svalbard and many places in the southern parts of Europe. She has been guiding for many years, and is fluent in Norwegian and English.

# NEXT STEPS



## TO MAKE A RESERVATION

You can call Boundless Journeys at 800-941-8010, request a reservation online, or contact your travel agent. We will confirm your spot with a deposit of \$500 per person and the payment of internal airfare, payable by check or credit card.

## ONCE YOU RESERVE

As soon as you confirm your adventure, we will provide you with an extensive, detailed trip planner that includes arrival and departure instructions, a complete packing list, regional information, required documents, a reading list, and other details.

## CANCELLATION & REFUND POLICY

Please check our Terms & Conditions page on our website for our comprehensive cancellation and refund policies: [www.boundlessjourneys.com/terms-and-conditions](http://www.boundlessjourneys.com/terms-and-conditions).

## TRIP CANCELLATION INSURANCE

In addition to your detailed trip planner, we will email you a quote for Travel Guard trip insurance. Please let us know if you would like us to purchase a policy on your behalf. Boundless Journeys strongly recommends purchasing Trip Insurance.

## QUESTIONS? WHICH TRIP IS RIGHT FOR YOU?

Adventure travel may involve exotic destinations, unusual levels of physical exertion, and activities that may be new to you. If you have any questions about the level of comfort, difficulty, or activities included on your trip, please call Boundless Journeys at 800-941-8010, or email us at [info@boundlessjourneys.com](mailto:info@boundlessjourneys.com). Our travel experts look forward to helping you select the perfect adventure.

### VISIT US ONLINE

[www.boundlessjourneys.com](http://www.boundlessjourneys.com) for:

- additional departures
- special promotions
- detailed itineraries
- inspiring photography
- guide bios

### ENJOY FOOD & HIKING

Check out . . .

- ITALY: The Dolomites Traverse
- AUSTRIA, ITALY & SLOVENIA: Alpe Adria Hiking
- SCOTLAND: Highlands & Islands Hiking

### PREFER A PRIVATE TRIP?

The perfect option for alumni and family reunions, birthdays and anniversaries, or just to catch up with friends in fabulous destinations. Mark your calendar and leave the planning to us! Call our travel experts today: 800-941-8010.

# BOUNDLESS BEYOND



## RESPONSIBLE TRAVEL

At Boundless Journeys, our goal is to create meaningful experiences that protect the delicate ecosystems and attributes of every location we visit. We aim to educate our guests on the best responsible travel practices for each destination.

## WE ARE COMMITTED TO

**Making connections.** Our local guides offer insider knowledge of their country, including tips on etiquette and customs. They facilitate meaningful interactions with the people and places we visit, such as dinner at the home of a local family. While you may arrive in a destination as a visitor, you leave with a deeper understanding and connection to each place.

**Going local.** Boundless Journeys' small group size stems from a desire to provide a more intimate traveler experience, giving us the freedom to move through the tight alleys of old towns on foot, eat and sleep at traditional guesthouses, participate in immersive cultural exchanges, and leave a smaller footprint on all of the locales we visit. This mobility allows us to support local economies directly, forging strong relationships with our partners and friends abroad as we return year after year.

**Respecting people and the environment.** We support organizations working to protect ecosystems and improve the livelihoods of local communities. On many of our trips, we explore stunning natural landscapes where conservation is of the utmost importance. As visitors, we practice Leave No Trace ethics and actively contribute to the conservation of parks and protected areas.

## HOW YOU CAN HELP

**Give back.** Instead of receiving a Boundless Journeys t-shirt or water bottle, you can opt to donate the value of your gift to our travel scholarship fund, which will be awarded to a local student for an educational or service-based travel opportunity.

**Learn more.** Visit [boundlessjourneys.com/responsible-travel](https://boundlessjourneys.com/responsible-travel) to read more about how our values are reflected in our trip offerings. We also offer a selection of Resources for the Responsible Traveler, which suggests ways to tread lightly and ensure your journey has a positive impact.

**Join us.** Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge at [travelersagainstoplastic.org](https://travelersagainstoplastic.org).

## CONSERVATION IN ACTION

Boundless Journeys is a proud member of the Adventure Travel and Trade Association, a global network of adventure seekers who believe in the protection and promotion of local communities and wilderness areas.

