# Costa Rica | NATURE'S WONDERS

#### TROPICAL ADVENTURE | 9 DAYS

March 16-24, 2021 April 10-18, 2021 December 4-12, 2021

### TRIP ITINERARY



Boundless JOURNEYS

1.800.941.8010 | www.boundlessjourneys.com

# How we deliver THE WORLD'S GREAT ADVENTURES

A passion for travel. Simply put, we love to travel, and that infectious spirit is woven into every one of our journeys. Our staff travels the globe searching out hidden-gem inns and lodges, taste testing bistros, trattorias, and noodle stalls, and discovering the trails and plying the waterways of each remarkable destination. When we come home, we separate wheat from chaff, creating memorable adventures that will connect you with the very best qualities of each destination.

Unique, award-winning itineraries. Our flexible, handcrafted journeys have received accolades from the world's most revered travel publications. Beginning from our appreciation for the world's most breathtaking and interesting destinations, we infuse our journeys with the elements of adventure and exploration that stimulate our souls and enliven our minds. Whether you are looking for a challenging physical expedition or a leisurely cultural exploration, Boundless Journeys has exceptional itineraries to match your sense of adventure.

**Insider connections.** There is simply no substitute for traveling with a knowledgeable insider, and our expert local guides will open doors for you that other travelers miss, like dinner with their extended family in Peru's Sacred Valley, or meeting an art scholar in Florence. Relationships developed over many years allow you to experience our destinations through a well-connected friend.

**Small groups.** Although the camaraderie of a group of likeminded travelers often enhances the journey, there can be too much of a good thing! We tread softly, and our average group size is just 8–10 guests, allowing us access to opportunities that would be unthinkable with a larger group.

**Flexibility to suit your travel style.** We offer both scheduled, small-group departures and custom journeys so that you can choose which works best for you. Not finding exactly what you are looking for? Let us customize a journey to fulfill your travel dreams.

**Customer service that goes the extra mile.** Having trouble finding flights that work for you? Want to surprise your traveling companion with a bottle of champagne at a tented camp in the Serengeti to celebrate an important milestone? There is no request that is too big—or too small—for our staff to handle. From your first call, we guide you through choosing your trip, provide advice on preparing for your adventure, and hold your hand until you return home.



Multi-year recipient of *Travel + Leisure* magazine's "**World's Best Tour Operator**"; and recognized by the editors of *National Geographic ADVENTURE* magazine as one of the **Best Adventure Travel Companies on Earth.** 

# Costa Rica | NATURE'S WONDERS

Thank you for your interest in this fantastic journey to Costa Rica. We have hand-crafted this tour from our own experience and hope you fall in love with the area—as we have!

#### THE INSPIRATION FOR THIS JOURNEY

Costa Rica is a kaleidoscope of sights and sounds. Howler monkeys, tropical birds, lush rainforest, lava-spewing volcanoes, hot springs, and crescent shaped beaches provide memories to last a lifetime. This tour offers an ideal mix of active exploration with an experienced naturalist guide, opportunities to observe an immense diversity of wildlife, and time to simply relax on tranquil beaches while soaking up the *pura vida*!

We begin our adventure in Arenal Volcano National Park, located in the middle of a lush tropical rainforest surrounded by hot springs, abundant wildlife, and plenty of hidden waterfalls. Next, we head to the colonial city of San Ramon, the perfect springboard for visiting the Los Angeles Cloud Forest, where we'll find many species of migratory birds as well as crocodiles, monkeys, deer, coati, and jaguarondi. Finally, we culminate our exploration in Costa Ballena, a stretch of coastline on the southwestern Pacific Coast. This area is known for its mangroves, ocean cliffs, jungle-clad foothills, and all-but-deserted beaches—the perfect place to round out this unique and exciting adventure.

#### HIGHLIGHTS

- An active and exciting itinerary including ziplining, kayaking, hiking, and a suspended bridges tour
- Seeing one of Costa Rica's most beloved animals, the sloth, on a guided walk on the Sloth Trail
- Observing the rich biodiversity including monkeys, tapirs, and amazing birdlife
- · Relaxing and enjoying the amenities of your luxurious accommodations
- Naturalist guides who offer an in-depth understanding of Costa Rica's natural treasures

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# TOUR OVERVIEW



#### THE BASICS

Duration:	9 days	5			
Tour start:	San José, Costa Rica				
Tour end:	San José, Costa Rica				
Accommodations:	8 nights nature lodges and hotels				
Trip rating:	1+	2	3	4	5
	EasyStrenuous				
	(See page 11 for more details)				
Land cost:	\$4,695 per person (subject to change)				
Single Supplement:	\$695 for the first two reserved on each				
	departure*; \$1,195 for additional singles				
	*Must	reserve	at least	120 day	s ahead.



#### WHAT'S INCLUDED

Just pack your bags—we've got you covered! When you're on a Boundless Journeys adventure, every detail is taken care of for you, so you can relax and truly experience each moment. Put your wallet away, leave your travel books behind, fold up your maps, and BE there. Your Boundless Journeys adventure includes:

- Expert leadership
- All accommodations
- All meals beginning with dinner on Day 1
- · Local beer and wine with included dinners
- All on-tour transportation
- Park fees
- · All activities as noted in the itinerary
- · All gratuities except those for your guide and driver, which are at your discretion

International airfare is not included in the price of your trip. Please contact your local travel agency or the airlines directly to make any arrangements you may need. If you would like assistance with booking your flights or other travel plans, please contact Boundless Journeys directly at 800-941-8010 for a referral to our partners who will best fulfill your needs.



#### **ITINERARY AT-A-GLANCE**

#### **DAYS1&2**

Our tour meets in San José, Costa Rica, and we travel over land to Arenal Volcano National Park to explore the diverse flora and fauna of the rainforest and visit a family-owned farm.

#### DAYS 3 & 4

Head to San Ramon in Alajuela Province to uncover the incredible nature of the cloud forest on a guided sloth trail and a ziplining adventure.

#### **DAYS 5-7**

Relish in the tropical wilderness of the Pacific Coast as we make our way to Dominical. Enjoy a boat tour through incredible mangroves, visit the famous pre-Columbian stone carved spheres, sea kayak among dolphins, and enjoy beach time and hiking.

#### DAY 8

Transfer to San Jose.

#### DAY 9

Departure.

# THE JOURNEY



#### DAY 1: Arrival in Costa Rica

Our trip begins upon the arrival of your flight into San José. After clearing customs, you are met by your Boundless Journeys guide, who will introduce you to the country during the transfer to your hotel in Arenal Volcano National Park, about a 3-hour drive. To unwind from your travels, you may enjoy a swim, walk in the beautiful gardens, or a spa treatment. This evening, your guide will meet you for a welcome dinner.

Accommodation: Arenal Springs Hotel, Arenal Meals: D

#### DAY 2: Arenal Volcano National Park

Activity Overview: Hiking and bridge tour Activity Level: Easy to moderate Activity Length: 3 hours hiking, 3 hours bridge tour

This morning, we dive right into Costa Rica's incredible nature as we explore Arenal Volcano National Park on foot. In 1968, the volcano erupted violently and destroyed the region west of its base. Today, the volcano steams quietly and heats local rivers that have been developed into popular hot springs and spas. Forest vegetation is quickly returning and covering the massive rock fragments and lava flows, and rainforest wildlife once again flourishes in and around the park. More than 400 birds have been recorded around the lush rainforests and open areas, including 6 species of hummingbirds, 5 species of toucan, and 3 species of motmot. Other animals we may see include three-toed sloth, collared peccaries, white-nosed coati, tamandua anteater, and howler, white-faced capuchin, and spider monkeys. For lunch, we visit Vida Campesina, a family-owned farm that grows coffee, cacao, and other traditional crops using newer sustainable agricultural techniques. Our traditional lunch includes a hands-on demonstration on tortilla making.

This afternoon, we discover the rainforest from a new perspective on suspended bridges through the forest canopy. We may see many different birds in the surroundings, such as the white hawk and great curassow, reptiles like the boa and basiliscos lizards, as well as monkeys.

Returning to our hotel you may choose to take a dip in the hot springs or swimming pool on-site before we enjoy dinner together.

Accommodation: Arenal Springs Hotel, Arenal Meals: B, L, D

#### DAY 3: Ziplining & Sloth Trail

Activity Overview: Walking and zipline tour Activity Level: Easy Activity Length: 2 hours walking, 3.5 hours ziplining, 1.5 hours driving

We start our day at the Sloth Watching Trail in Arenal. Here, we learn about Costa Rica's most beloved animal and see sloths in their natural habitat. As we walk through the forest, our guide points out some of the other incredible animals that make their home here, including a variety of birds, snakes, insects, and frogs.

After observing the slow-movements of the sloths, a thrilling adventure is in store on a treetop zipline tour. We start with a tractor ride into the jungle and an ascent to an observation platform. From here, we sail along zipline cables offering us spectacular views over the Pino Blanco and La Fortuna



"There is no doubt that our guide on this tour was the best guide I have experienced anywhere. His knowledge, experience, and enthusiasm for not only the wildlife but also the culture of his country is undoubtedly an inspiration. He made this trip outstanding. He will live long in my memory and heart."

– R.K., Hertfordshire, UK

waterfalls, Arenal and Cerro Chato volcanoes, and the jungle canopy below. If time allows, or for those who prefer a more relaxing afternoon, we can visit the Maleku Culture Center and its frog and butterfly garden.

We then depart for San Ramon a laid-back colonial city located in the Alajuela Province and surrounded by coffee and sugar cane fields. We arrive at our hotel outside of town by late-afternoon with the rest of the day to spend at our leisure before dinner.

Accommodation: Villa Blanca Cloud Forest Hotel, San Ramon Meals: B, L, D

#### DAY 4: Los Angeles Cloud Forest; San Ramon

Activity Overview: Hiking and walking Activity Level: Easy Activity Length: 3 hours hiking, 2 hours cultural tour

This morning, we enjoy a hike through the Los Angeles Cloud Forest Reserve. Located on land once owned by former Costa Rican president Rodrigo Carazo, the reserve is one of the country's best-kept secrets. Adjacent to the better-known Monteverde Cloud Forest Reserve, Los Angeles is a private park that offers a section of cloud forest rarely visited resulting in a serene, secluded area reknowned for its birdwatching. At least 258 bird species reside in the cloud forest, among them several unique to the area. The reserve's moss-covered hills are shrouded in clouds and its verdant canopy echoes with the sounds of howler monkeys, foraging coatimundis, and the melodic song of trogons. After lunch at a local restaurant, we head to downtown San Ramon for a cultural tour. The town has been dubbed the 'City of Presidents and Poets' for having been home to many local literary heroes and political leaders. Our guide takes us around explaining some of the history and highlighting the church, market, and local square.

Accommodation: Villa Blanca Cloud Forest Hotel, San Ramon Meals: B, L, D

#### DAY 5: Transfer to Uvita

Activity Overview: Driving Activity Level: Easy Activity Length: 4 hours with stops along the way

Although we have a bit of a drive today, the scenery makes it worthwhile as we make our way along the Pacific coast to Uvita, our home for the next three nights. En route, we stop at the house of Doña Miriam for a traditional, homecooked lunch as we enjoy views of the ocean and observe the scarlet macaws flying above us.

Upon arrival at our hotel, situated between the ocean and the mountains, we have the remainder of the day to relax and explore the property.

Accommodation: Cristal Ballena Hotel, Uvita Meals: B, L, D

#### DAY 6: Boat tour and spheres tour

Activity Overview: Walking Activity Level: Easy Activity Length: 3-hour boat tour, 2 hours walking After breakfast, a 40-minute drive brings us to the start of our mangrove boat tour. We explore the beautiful maze of canals, rivers mouths, and estuaries that flood the largest untouched mangroves in Central America. As our guide introduces us to this unique ecosystem and its importance and benefits, we have ample opportunities to spot and photograph tropical wildlife such as 40 different types of birds, boa snakes, corals, squirrel monkeys, white face monkeys, caimans, crocodiles, and Jesus Christ lizards, among other species.

After lunch in Sierpe Village, we explore the famous stone carved spheres of the Osa Peninsula. These impressive pre-Columbian orbs date back between 300 and 1,000 CE. Carved from volcanic rock, they range in size from a couple of inches to over six feet in diameter. They remain a mystery of Costa Rican archaeology and are a UNESCO World Heritage Site.

We return to the tranquil ambience of our hotel in time to view the sunset from our hilltop location.

Accommodation: Cristal Ballena Hotel, Uvita Meals: B, L, D

#### DAY 7: Ballena Marine Park & Barú Forest

Activity Overview: Kayaking and hiking Activity Level: Easy Activity Length: 2-3 hours kayaking, 2 hours hiking

Today, we head to the beach for a sea kayaking adventure. No experience is necessary, as our guide provides basic instruction and a safety briefing. While paddling in the gentle surf, we keep an eye out for humpback whales, all manner of seabirds, bottlenose dolphins, sharks, starfish, sea turtles, and more. The marine park protects more than 19 square miles of ocean and coastline. Costa Rican waters are famous for the humpback whales that migrate to the region from late July to September (heading north from Antarctica) and from late December to early April (heading south from Alaska), each year. If the tide is low, we may be able to explore the Punta Uvita Tombola, known as "The Whale Tail," a rock and sand formation that appears about .6 miles from the shore.

In the afternoon, a short drive brings us to the Hacienda Barú Rainforest for an easy hike in the dense jungle. This forest is part of a 815-acre national wildlife refuge that forms a mosaic of habitats, including wetlands, mangrove forests, secondary rainforests, primary rainforests, highland coastal ridges, beach coastline, orchid gardens, and butterfly gardens. More than 350 species of birds have been identified at Barú, and we may also see howler and white-faced monkeys, three-toed sloths, tayra, agouti, prehensile-tailed porcupine, and collared anteaters going about their daily lives.

This evening, you may enjoy a cool drink poolside before dinner.

Accommodation: Cristal Ballena Hotel, Uvita Meals: B, L, D

#### DAY 8: Transfer to San José

Activity Overview: Driving Activity Level: Easy Activity Length: 3.5 hours

We say farewell to the Pacific Coast and the incredible nature that we've experienced over the past several days and drive to San José, stopping for lunch at a local restaurant along the way. Once at our hotel, well-located for its proximity to the airport, the rest of the day is at our leisure to enjoy the outdoor pool or prepare for departure. We gather for our final dinner to toast our adventures and the incredible beauty we have seen in this country.

Accommodation: Park Inn Hotel, San José Meals: B, L, D

#### DAY 9: Departure

After breakfast, you are transferred to the San José airport (15 minutes) for your departure home or continued travels.

Meals: B

**PLEASE NOTE:** This is a typical itinerary, and actual activities may vary to take advantage of weather conditions, local events, and to allow serendipity to play a hand in your experience. Accommodations are as outlined in the itinerary, although we reserve the right to change these should the need arise. See our booking terms and conditions for more information about our change policy.

### ACCOMMODATIONS



NIGHTS 1 & 2
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#### **Arenal Springs Hotel**

La Fortuna

Tel: +1-877-804-7732 | info@hotelarenalsprings.com

Hotel Arenal Springs Resort & Spa is a 4-star property surrounded by exotic gardens and beautiful views of Arenal Volcano. Set in the middle of the rainforest, guests can enjoy a restaurant offering a variety of national and international dishes, swimming pools, free yoga, and private hot springs. Each room has a terrace with rocking chairs for ultimate leisure and bird viewing.



#### NIGHTS 3 & 4:

#### Villa Blanca Cloud Forest Hotel

San Ramon

Tel: +1-877-288-0664 | reservations@villablanca-costarica.com

This beautiful 19th-century recreation of a mountain farm village is one of the few places where you can enjoy an upscale boutique hotel in one of the most unique and endangered types of tropical forests—a cloud forest. Villa Blanca is a renowned model of sustainable hospitality, where exceptional Costa Rica experiences are in harmony with conserving nature, culture, and the quality of the community.

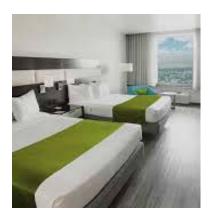


#### NIGHTS 5-7:

Cristal Ballena Hotel & Spa Uvita

Tel: +506-2-786-5354 | info@cristal-ballena.com

This 4-star boutique hotel is pleasantly situated on a hill between the Pacific Ocean and rainforest-covered peaks allowing breathtaking ocean views (and sunsets!) while a cooling breeze sweeps in from the mountains. Enjoy the swimming pool, gourmet restaurant, park grounds, spa, and well-appointed and comfortable ensuite rooms.



#### NIGHT 8:

#### Park Inn Hotel

San José

Tel: +506-4-110-1100| pd\_jose@parkinn.com

This hotel features comfortable rooms, an outdoor pool, gym, and restaurant. Located three blocks from San Jose's main avenue of Paseo Colón and 11 miles from Juan Santamaría International Airport, making it a great option for our last evening in Costa Rica.

## WHAT TO EXPECT



#### **TRIP RATING**

Boundless Journeys' trips are designed for energetic and flexible individuals who like to be active and have a spirit of adventure and a positive attitude. This trip is rated 1+, easy to moderate, on a scale of 1-5 (with 5 being the most strenuous). The activities on this trip range from 1-3 hours. The walking terrain is usually gradual, although you may encounter occasional steep sections. Most walks are on unpaved paths and trails, with minimal vehicle support. Trails, at times, may be wet and slick with mud.

#### PREPARING FOR THIS TRIP

It is very important that you realistically assess your physical condition with regard to the demands of this trip. The more well-prepared you are for the activities, the more you will enjoy yourself. As a general guideline, we suggest that you engage in easy to moderate aerobic activities (such as walking, hiking, jogging, or cycling) for at least 30-45 minutes several times a week for 4-6 weeks before the trip. If you live in a flat area, try to incorporate some stairs into your workout, or use a treadmill with varying incline capability (consult your doctor before undertaking any new fitness program). Please contact us if you have any doubts regarding your physical match with this tour.

#### WEATHER

The temperature in Costa Rica is influenced by altitude, and varies little over the course of the year. In San José, average temps are between 59 and 79 degrees Fahrenheit. When cold fronts move in, as they can at any time of year, the weather can turn cooler and wetter, typically for a few days. The coastal areas are typically much warmer, with average lows in the mid to upper 70s and highs in the mid 90s. In the afternoons, humidity is in the mid-to-high 60 percent range.

You may obtain more detailed weather information by visiting www.weatherbase.com.

#### WHEN TO GO

The dry season is from December to April. The highlands are truly dry at this time of year, typically with only one or two rainy days per month (although if a cold front comes in, a rainy pattern can prevail even during the dry season).

The rainy season (or green season) begins in May and lasts until late October. During the day, skies are generally sunny, though they often give way to afternoon showers.

It is important that you come prepared for a variety of weather conditions regardless of the time of year. Over the course of your trip, you will likely encounter both cool, rainy weather and warm, sunny weather. Please be prepared with clothing for both.

#### TRAVELER'S RESPONSIBILITY

As a trip participant, you have responsibilities to Boundless Journeys, your fellow travelers and guide, and the local people you encounter. This includes understanding and preparing for the conditions described in the itinerary, ensuring it meets your interests and abilities, and following the health and safety guidelines of Boundless Journeys, local authorities, and/or the CDC. At their discretion, a guide may ask a guest to leave the trip if further participation may be detrimental to the individual or other participants.

We strongly urge any guest feeling ill shortly before departure to cancel their trip. To help cover your investment, we highly recommend purchasing travel insurance with supplemental "Cancel for Any Reason" coverage. If you feel unwell during the tour, please immediately inform your guide, who can help take the appropriate next steps. We appreciate your cooperation.

#### **DRINKS WITH MEALS**

At Boundless Journeys we believe group dinners are a time to celebrate our day, while enjoying the best of local cuisine, and good company. In keeping with this spirit, we typically include local beer and wine with group dinners. If you prefer premium wine, or liquor, please feel free to order what you like, and you may settle your tab at the end of the meal.

#### **DRINKING WATER**

We provide purified or bottled water on all trips; however, in an effort to reduce waste, we strongly encourage you to bring a water bottle to refill where safe to do so. This will be the case in much of Europe, as well as a few other destinations, where tap water is safe to drink. In parts of the world where water must be purified, such as Costa Rica, bottled water may be our only option. Here, we do our best to provide purified water from larger containers to refill your bottles, rather than using many small single-use bottles throughout your trip. This is just one small way we strive to travel more responsibly and we appreciate your efforts in helping us to protect the extraordinary places we visit.

Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge, too, and learn more about TAP's efforts at www.travelersagainstplastic.org.

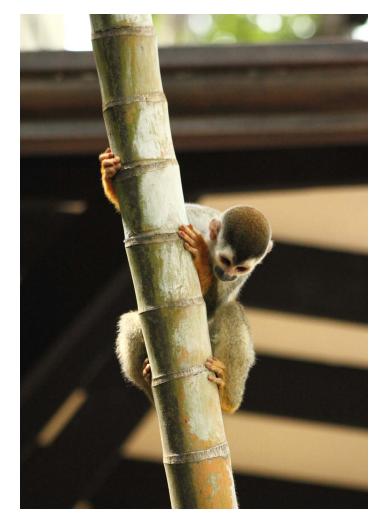
#### CUISINE

Costa Rican cuisine is simple, and chefs use few spices. *Comida tipica*, or native dishes, rely heavily on rice and beans, the basis of many Costa Rican meals. *Gallo pinto*, the national dish of fried rice and black beans, is commonly served as a breakfast staple, and eggs, fruit, and meats are available as well. At lunch, gallo pinto becomes casado: rice and beans supplemented with cabbage-and-tomato salad, fried plantains, and meat. Vegetables are not a large part of the diet; food staples primarily include *carne* (beef), *pollo* (chicken), and *pescado* (fish). Although a variety of seafood is not widely available, you will find sea bass and farm-

raised, freshwater tilapia on some menus. Vegetarians can be accommodated with advance notice, though choices tend to be more limited. Please inform us of specific dietary restrictions by completing your *Guest Questionnaire*.

#### TRANSPORTATION

All on-tour ground transportation is provided in private, airconditioned, passenger vans.



### OUR COSTA RICA TEAM

#### **TRIP MANAGER**



#### **Deborah Tobey**

Originally from Long Island, NY, Deborah has lived and worked around the country. After a decade out west adventuring as a river guide and ski instructor, Deborah was drawn back east to be closer to family. She joined the Boundless Journeys home team in 2010 initially managing Ecuador, Palau, and Spain. Now, her portfolio includes Croatia, Norway, Portugal, Italy, Iceland, Finland, and Costa Rica. She loves being on the water, hiking in Vermont's Green Mountains, and camping with her family and dog, Winston.

#### **GUIDES**

With a Boundless Journeys guide, your experience is that of friend and local adventurer. We believe strongly in working with local guides, experts in the areas to which we travel, and they hold the keys to unlocking the hidden delights of your chosen destination. Although you will never know they are at work—the mark of a truly great leader—our guides make magical things happen and add a dimension to your trip that you could not experience on your own.

Over the years we have forged bonds with some of the best guides in the world, and we typically work with a small team of guides in each region. You will be informed of the guide for your trip one month prior to your departure.



#### MARCO FALLAS

Marco, an Ecotourism Specialist who is locally known as "Tex," is full of energy and has a contagious sense of humor. With over 20 years of experience in the tourism field in Costa Rica, Marco knows his home country intimately and with enthusiasm. Combined with his vast experience in the field, Marco continues to further his local education and in the off-season has taken many courses including studies in ornithology, ecology, history, and recently nature photography. His travels in the United States have included the Grand Tetons, Minnesota, Sedona, and Michigan, and this has helped him to better understand temperate climate ecology and international culture. With his ready laugh and caring manner, it is no wonder Marco is one of our most popular tour leaders!



#### **JIMMY TOSSO**

Jimmy has traveled extensively throughout Europe and Latin America; he has visited Spain, England, Italy, France, Holland, Turkey, Germany, Greece, Mexico, and Panama. This has helped him acquire a very good understanding of other cultures which he has been able to apply as a tour guide. Jimmy admits that Italy was his favorite destination which he first visited over 12 years ago, when he first discovered his talent for Italian cooking. Jimmy is fluent in English, Italian and French. He obtained his guide license 13 years ago from the National Institute of Learning. With an exceptional sense of humor, he excels in sharing his knowledge on Costa Rican culture and nature in a refined and unique manner. Jimmy has lead groups of all different nationalities, making him an expert in the Costa Rican guiding field.

### **NEXT STEPS**



#### TO MAKE A RESERVATION

You can call Boundless Journeys at 800-941-8010, request a reservation online, or contact your travel agent. We will confirm your spot with a deposit of \$500 per person and the payment of internal airfare, payable by check or credit card.

#### **ONCE YOU RESERVE**

As soon as you confirm your adventure, we will provide you with an extensive, detailed trip planner that includes arrival and departure instructions, a complete packing list, regional information, required documents, a reading list, and other details.

#### **CANCELLATION & REFUND POLICY**

Please check our Terms & Conditions page on our website for our comprehensive cancellation and refund policies: www.boundlessjourneys.com/terms-and-conditions.

#### TRIP CANCELLATION INSURANCE

In addition to your detailed trip planner, we will email you a quote for Travel Guard trip insurance. Please let us know if you would like us to purchase a policy on your behalf. Boundless Journeys strongly recommends purchasing Trip Insurance.

#### QUESTIONS? WHICH TRIP IS RIGHT FOR YOU?

Adventure travel may involve exotic destinations, unusual levels of physical exertion, and activities that may be new to you. If you have any questions about the level of comfort, difficulty, or activities included on your trip, please call Boundless Journeys at 800-941-8010, or email us at info@ boundlessjourneys.com. Our travel experts look forward to helping you select the perfect adventure.

#### **VISIT US ONLINE**

www.boundlessjourneys.com for:

- · additional departures
- special promotions
- · detailed itineraries
- inspiring photography
- guide bios

#### **ENJOY NATURE**

Check out. . .

- PALAU: Snorkeling & Kayaking Odyssey
- TANZANIA: Great Migration Safari
- MEXICO: Baja Sierras & Sea of Cortez Safari

#### **EXTENDING YOUR TRIP?**

Consider. . .

 PERU: The Sacred Valley & Machu Picchu

# BOUNDLESS BEYOND



#### **RESPONSIBLE TRAVEL**

At Boundless Journeys, our goal is to create meaningful experiences that protect the delicate ecosystems and attributes of every location we visit. We aim to educate our guests on the best responsible travel practices for each destination.

#### WE ARE COMMITTED TO

**Making connections**. Our local guides offer insider knowledge of their country, including tips on etiquette and customs. They facilitate meaningful interactions with the people and places we visit, such as dinner at the home of a local family. While you may arrive in a destination as a visitor, you leave with a deeper understanding and connection to each place.

**Going local.** Boundless Journeys' small group size stems from a desire to provide a more intimate traveler experience, giving us the freedom to move through the tight alleys of old towns on foot, eat and sleep at traditional guesthouses, participate in immersive cultural exchanges, and leave a smaller footprint on all of the locales we visit. This mobility allows us to support local economies directly, forging strong relationships with our partners and friends abroad as we return year after year.

**Respecting people and the environment.** We support organizations working to protect ecosystems and improve the livelihoods of local communities. On many of our trips, we explore stunning natural landscapes where conservation is of the utmost importance. As visitors, we practice Leave No Trace ethics and actively contribute to the conservation of parks and protected areas.

#### HOW YOU CAN HELP

**Give back**. Instead of receiving a Boundless Journeys t-shirt or water bottle, you can opt to donate the value of your gift to our travel scholarship fund, which will be awarded to a local student for an educational or service-based travel opportunity.

**Learn more.** Visit boundlessjourneys.com/responsibletravel to read more about how our values are reflected in our trip offerings. We also offer a selection of Resources for the Responsible Traveler, which suggests ways to tread lightly and ensure your journey has a positive impact.

**Join us.** Boundless Journeys has taken the Travelers Against Plastic company pledge to promote sustainable travel and encourage travelers to avoid buying bottled water when they travel. You can take the pledge at travelersagainstplastic.org.

#### CONSERVATION IN ACTION

Boundless Journeys is a proud member of the Adventure Travel and Trade Association, a global network of adventure seekers who believe in the protection and promotion of local communities and wilderness areas.

